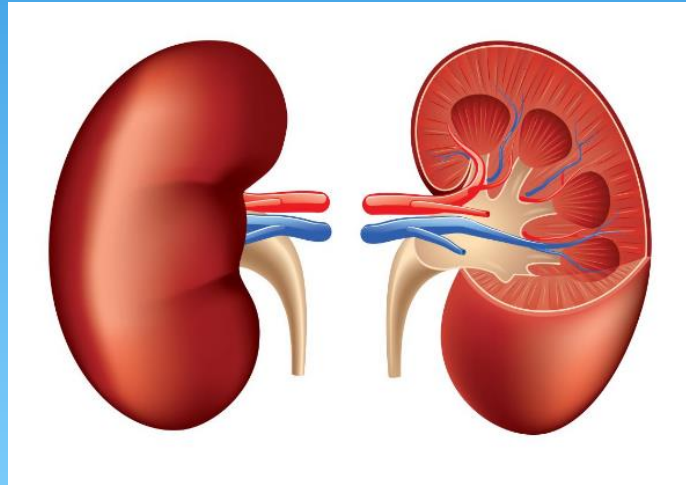


Comprehensive T2D management with SGLT2 inhibitor



Hyuk-Sang Kwon

The Catholic University of Korea

Comprehensive T2D management with SGLT2 inhibitor

1

- **Unmet Needs for SGLT2 inhibitors**

2

- **CV Protective Effects of SGLT2 inhibitors**

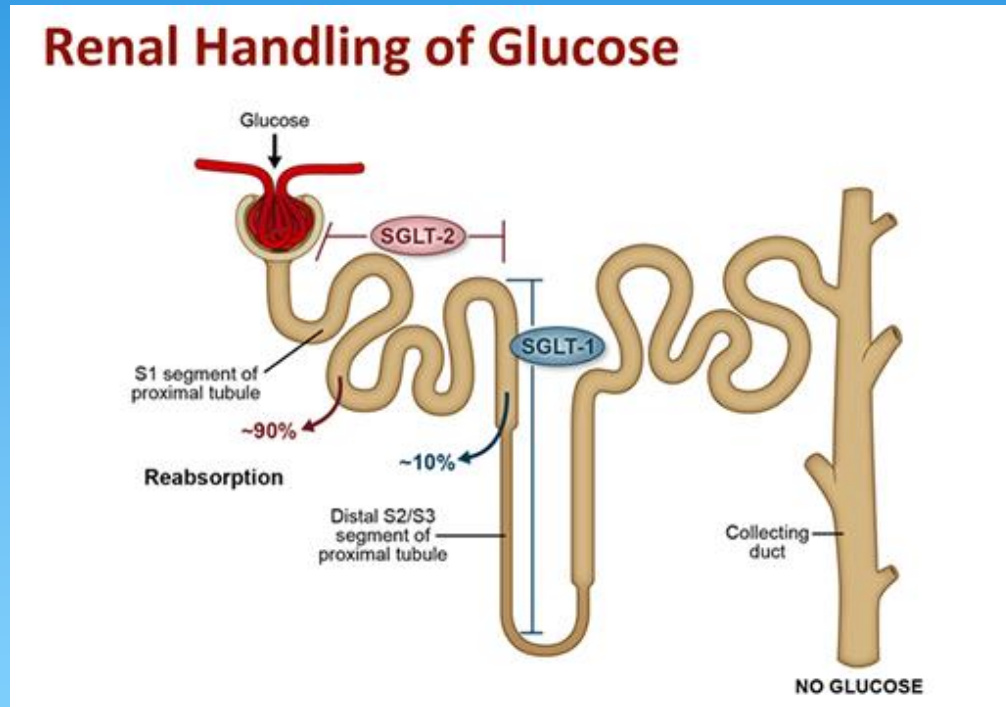
3

- **Recent Clinical Issues in SGLT2 inhibitors**

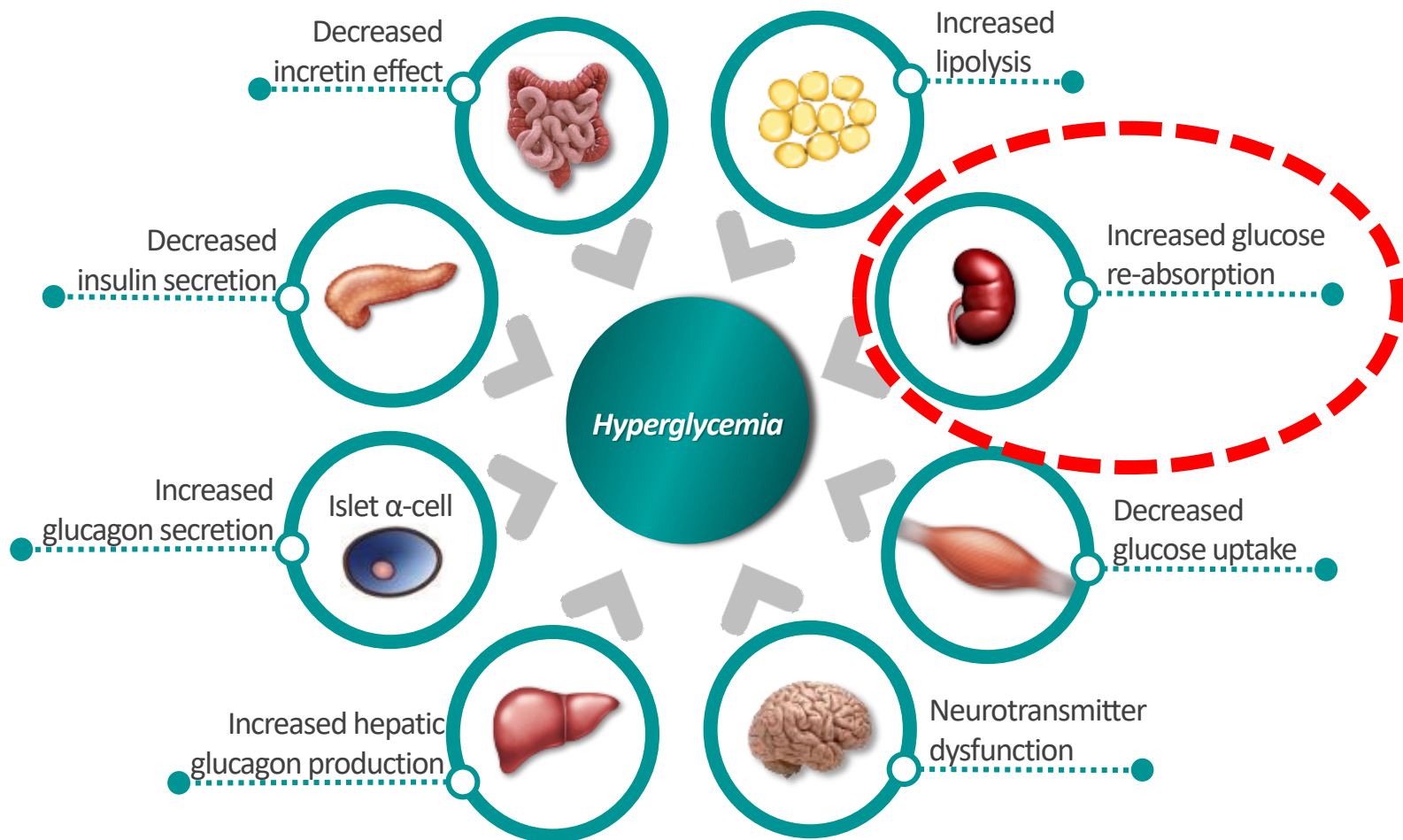
4

- **Take-Home Message**

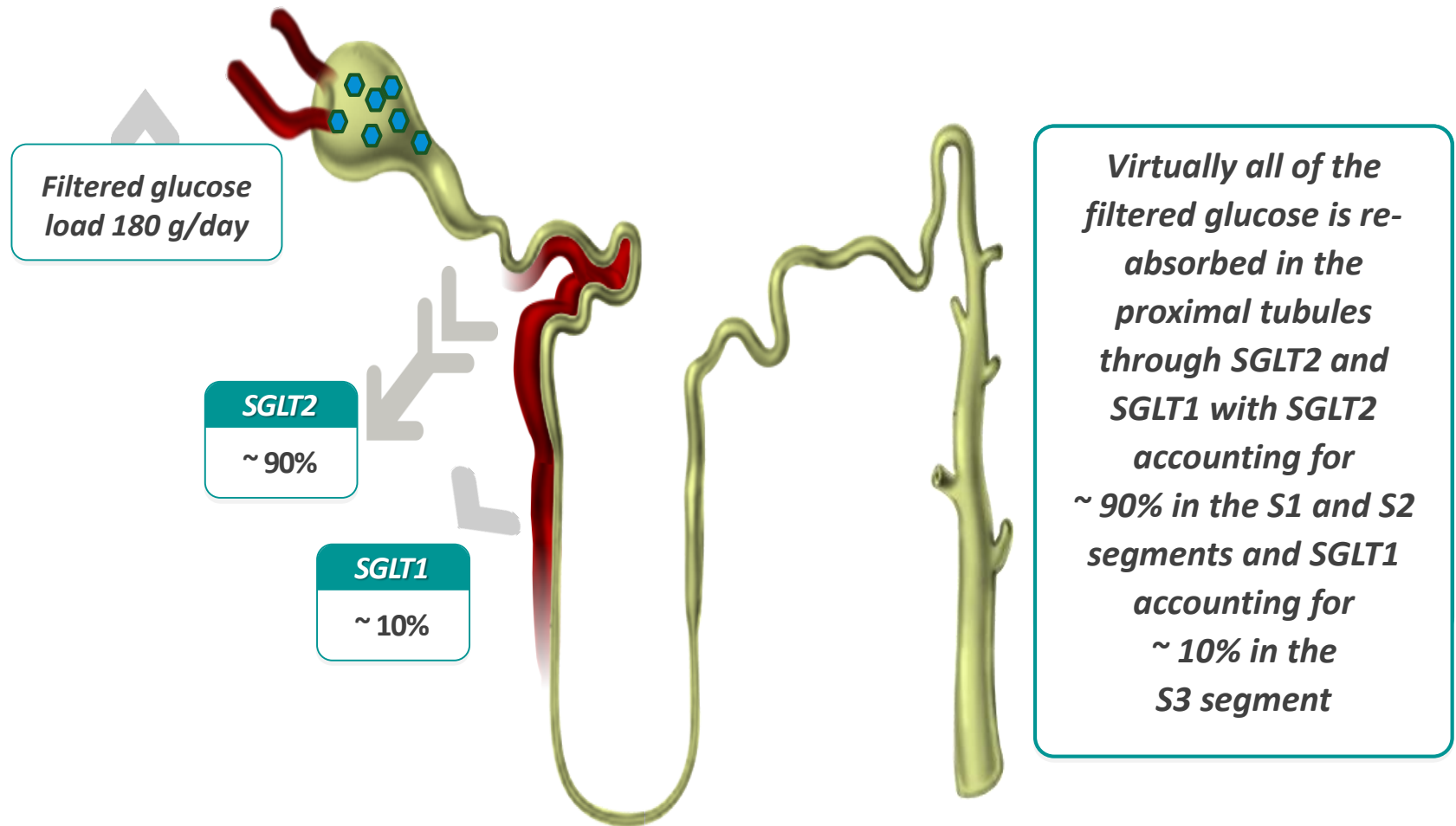
Unmet Needs for SGLT2 inhibitors



From the triumvirate to the ominous octet: a new paradigm for the treatment of T2D



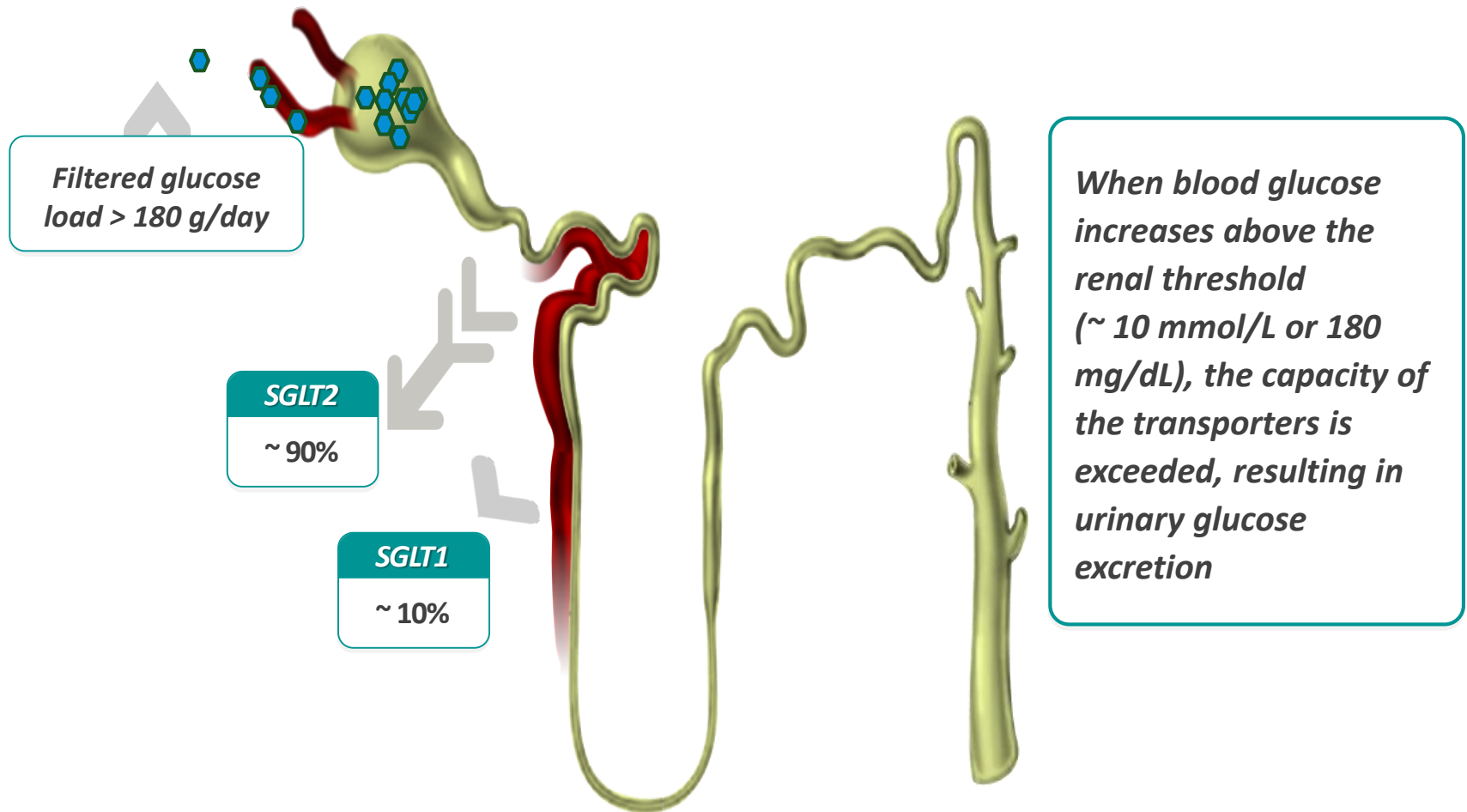
Renal glucose re-absorption under healthy conditions^{1,2}



SGLT, sodium glucose cotransporter.

1. Gerich JE. Diabet Med. 2010;27:136–142; 2. Bakris GL, et al. Kidney Int. 2009;75;1272–1277.

Renal glucose re-absorption in patients with diabetes^{1,2}

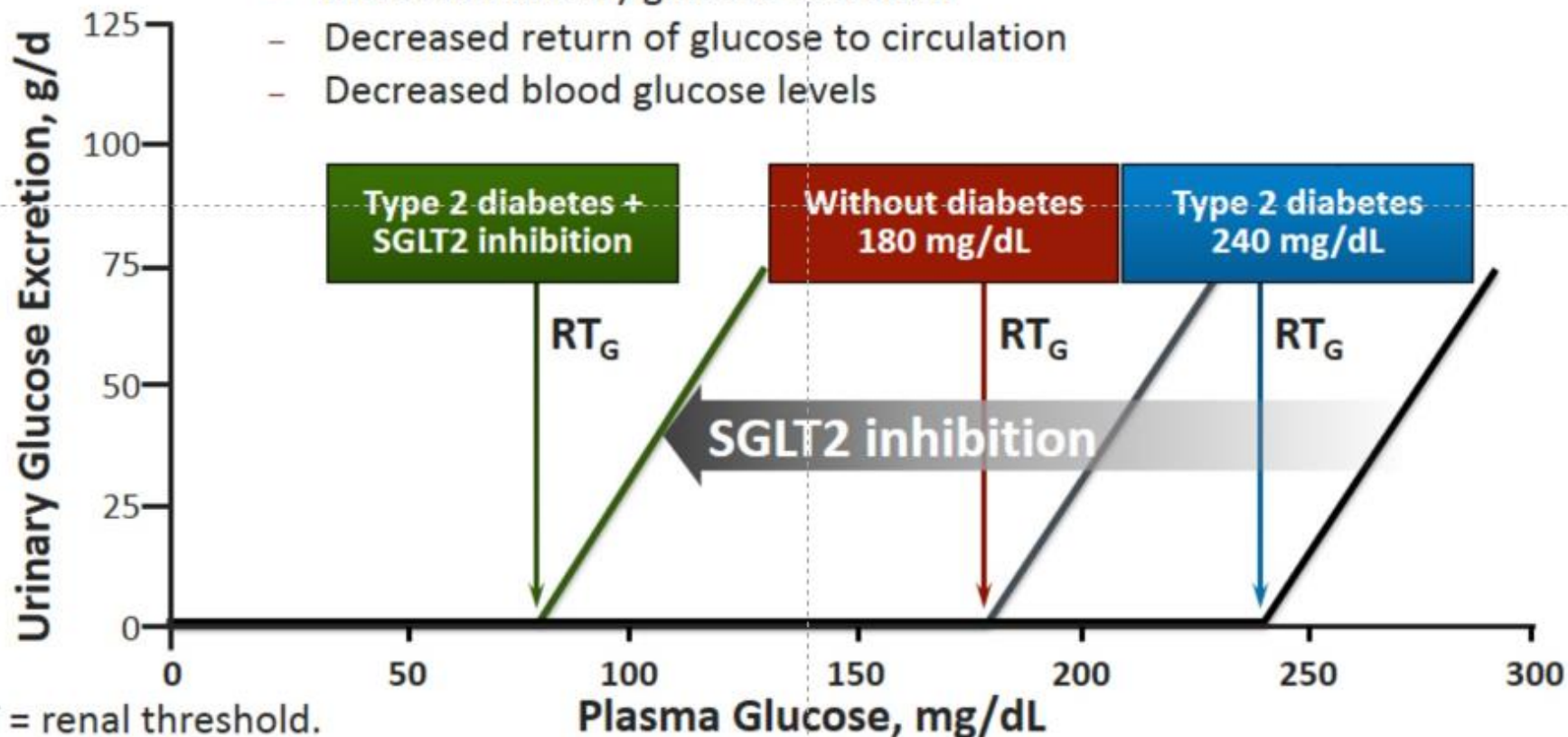


SGLT, sodium glucose cotransporter.

1. Gerich JE. *Diabet Med.* 2010;27:136–142; 2. Bakris GL, et al. *Kidney Int.* 2009;75:1272–1277.

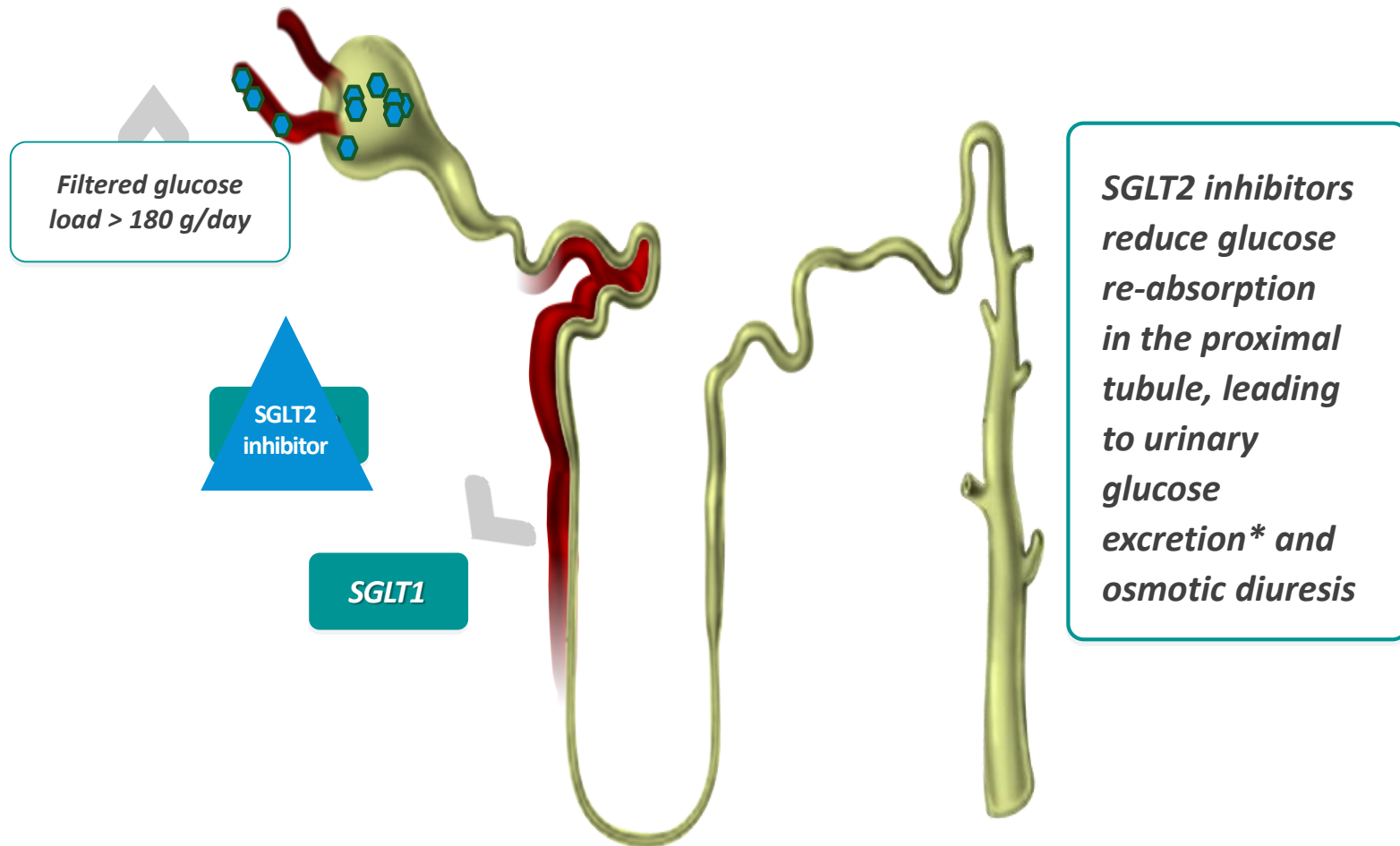
Inhibiting SGLT2 Promotes Urinary Glucose Excretion

- SGLT2 inhibitors lower the threshold at which glucose is excreted, leading to
 - Increased urinary glucose excretion
 - Decreased return of glucose to circulation
 - Decreased blood glucose levels



Nair S, Wilding JP. *J Clin Endocrinol Metab.* 2010;95:34-42^[6]; Abdul-Ghani MA, et al. *Endocr Pract.* 2008;14:782-790^[10]; Chao EC, et al. *Nat Rev Drug Discov.* 2010;9:551-559.^[11]

Urinary glucose excretion via SGLT2 inhibition¹



SGLT, sodium glucose cotransporter.

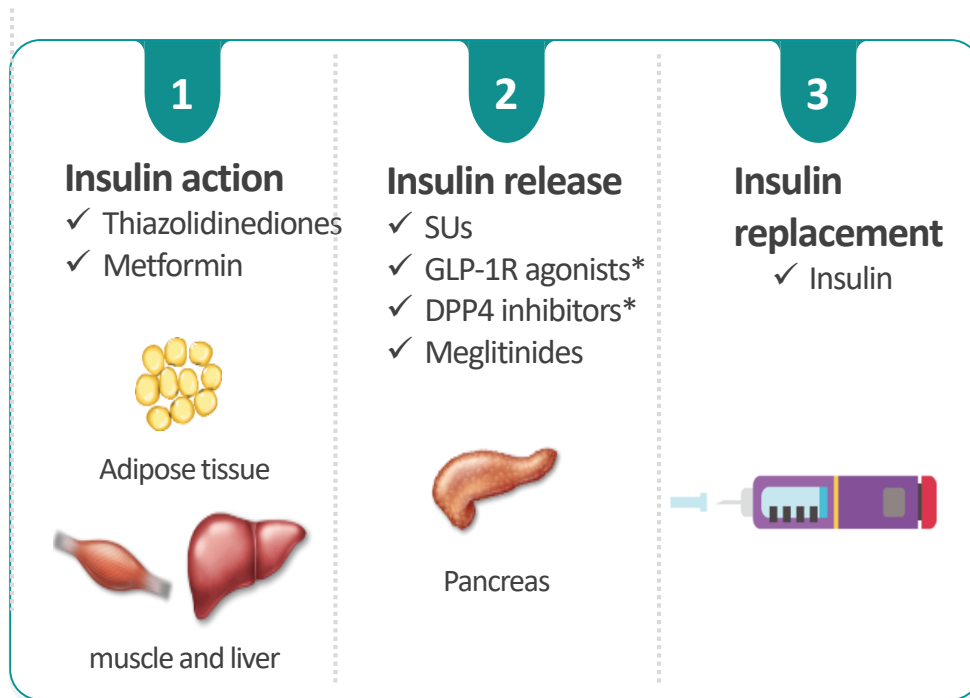
*Loss of ~ 80 g of glucose per day = 320 cal/day.

1. Bakris GL, et al. *Kidney Int.* 2009;75;1272–1277.

The role of the Sodium GLucose co-Transporter

Transporter	Major site of action	Function	Disease Associated with Malfunction
SGLT1	Small intestine, heart, trachea and kidney	Co-transporters sodium, glucose and galactose across the brush border of the intestine and proximal tubule of the kidney	Congenital glucose-galactose malabsorption syndrome
SGLT2	Kidney	Co-transporters sodium and glucose in the S1 segment of the proximal tubule of the kidney	Familial renal glucosuria
SGLT3	Small intestine, uterus, lungs, thyroid and testis	Transports sodium (not glucose)	Unknown
SGLT4	Small intestine, kidney, liver, stomach and lung	Transports glucose and mannose	Unknown
SGLT5	Kidney	Unknown	Unknown
SGLT6	Spinal cord, kidney, brain, and small intestine	Transports myo-inositol and glucose	Unknown

Existing and novel mechanisms to reduce hyperglycemia in Type 2 diabetes



Glucose utilisation

Insulin-independent mechanism

SGLT2 inhibition



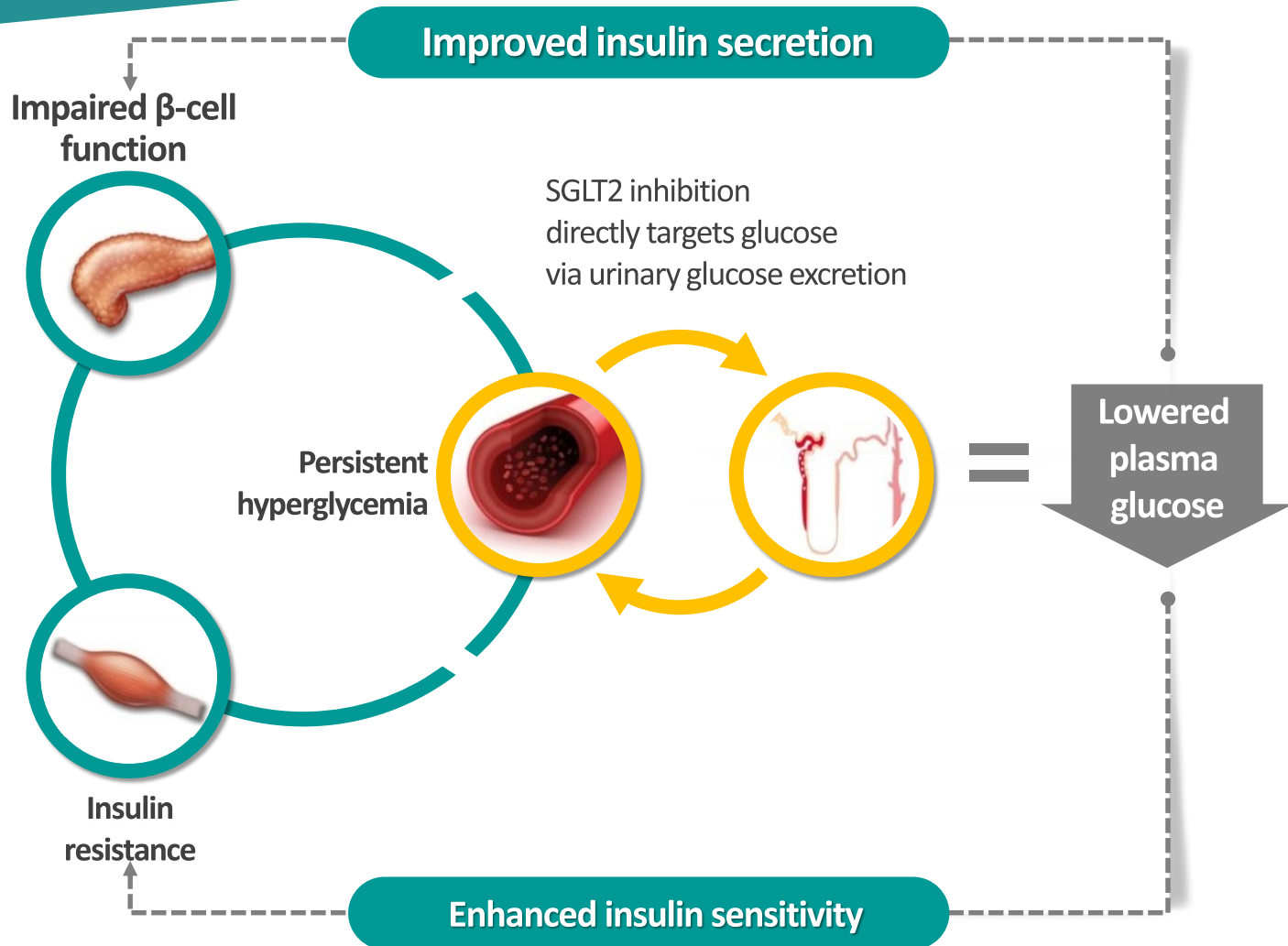
Glucose excretion/caloric loss

*In addition to increasing insulin secretion, which is the major mechanism of action, GLP-1R agonists and DPP4 inhibitors also act to decrease glucagon secretion.

DPP4, dipeptidyl peptidase-4; GLP-1R, glucagon-like peptide-1 receptor; SUs, sulphonylureas.

1. Washburn WN. J Med Chem 2009;52:1785–94; 2. Bailey CJ. Curr Diab Rep 2009;9:360–7; 3. Srinivasan BT, et al. Postgrad Med J 2008;84:524–31; 4. Rajesh R, et al. Int J Pharma Sci Res 2010;1:139–47.

SGLT2 inhibition lowers glycemia independently of β -cell function and insulin resistance



SGLT2, sodium glucose cotransporter 2.

1. DeFronzo RA. *Diabetes*. 2009;58:773–795. 2. Poitout V, Robertson RP. *Endocrinology*. 2002;143:339–342. 3. Robertson RP, et al. *Diabetes*. 2003;52:581–587. 4. DeFronzo RA. *Diabetes Obes Metab*. 2012;14:5–14.

5. Del Prato S. *Diabet Med*. 2009;26:1185–1192.

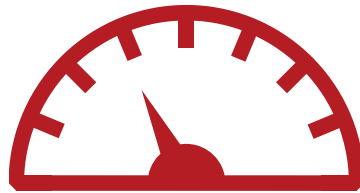
Advantage of SGLT2 inhibitors due to Insulin-independent mechanism



No Hypoglycemia

HbA_{1c} ↓ by 0.5-1.0% vs placebo
(5.5-11 mmol/mol)

glucose resorption ↓
urinary glucose excretion ↑
~ 80 g/day



Weight

modest weight loss
~2kg over 6-12 mo.



Blood pressure

SBP ↓ & DBP ↓
~2-4/~1-2mmHg

*Effective at
all stage of
T2DM*

A

Changes in HbA1c (%)

Baseline BMI (kg/m²)

≤25 25-30 >30

B

Changes in HbA1c (%)

Baseline eGFR, mL/min/1.73 m²

≤7 7-14 15-29 30-59 60-89 ≥90

C

Changes in HbA1c (%)

Baseline eGFR, mL/min/1.73 m²

≤7 7-14 15-29 30-59 60-89 ≥90

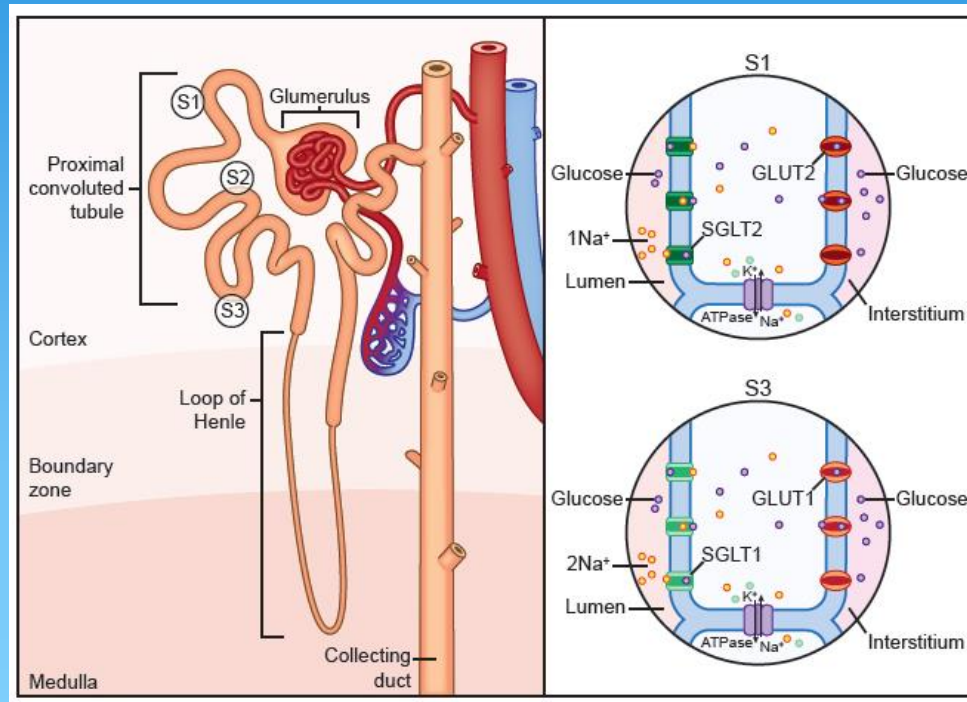
D

Changes in HbA1c (%)

Baseline eGFR, mL/min/1.73 m²

≤7 7-14 15-29 30-59 60-89 ≥90

CV Protective Effects of SGLT2 inhibitors



EMPA-REG Outcome[®] patients had high CV risk



More than 99% had already CVD history



Approximately 50% had previous MI



More than 50% had long-standing diabetes for more than 10 years

Results were achieved on top of standard of care

95%

Antihypertensive

77%

Statins

89%

Anticoagulants

98%

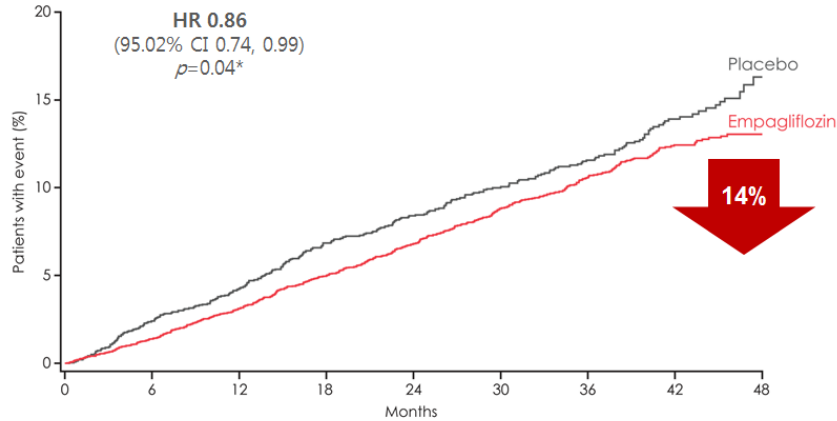
Glucose-lowering medication

Patients' CV risk factors, including glucose, were actively managed in placebo and empagliflozin treatment arms

CV outcome

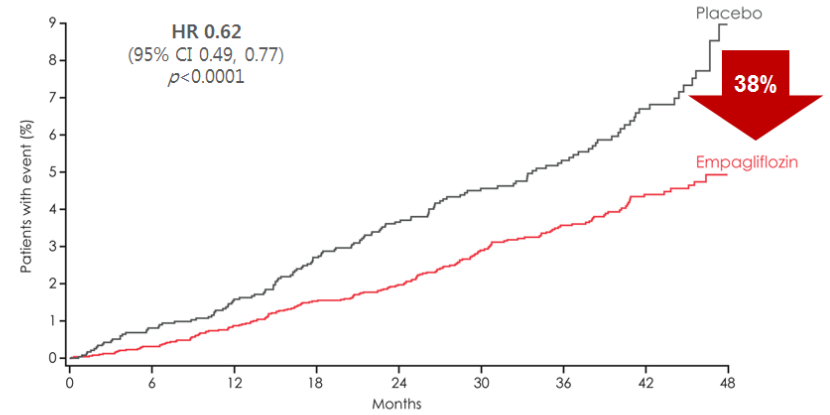
Primary outcome

3-point MACE (CV death, non-fatal MI, non-fatal stroke)



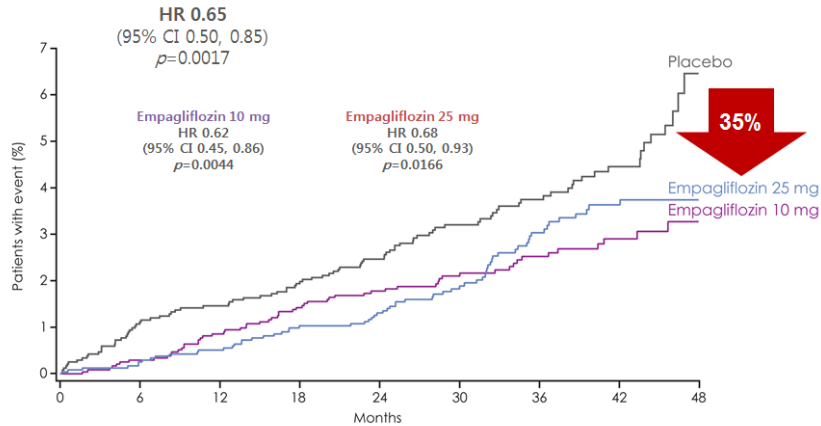
No. of patients	4687	4580	4455	4328	3851	2821	2359	1534	370
Empagliflozin	2333	2256	2194	2112	1875	1380	1161	741	166
Placebo									

CV death



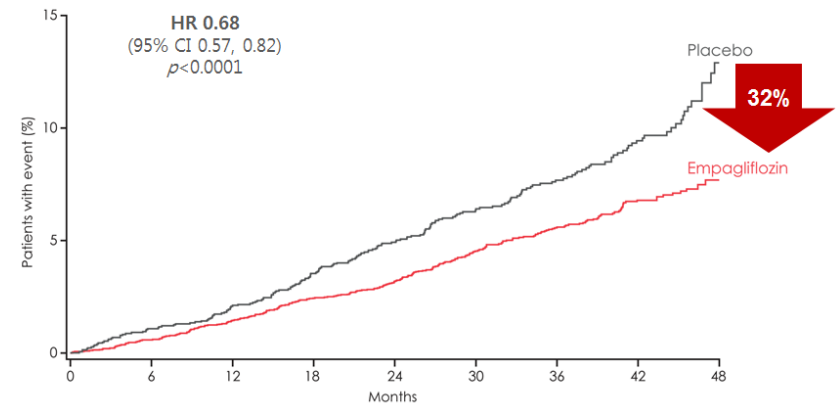
No. of patients	4687	4651	4608	4556	4128	3079	2617	1722	414
Empagliflozin	2333	2303	2280	2243	2012	1503	1281	825	177
Placebo									

Hospitalization for heart failure



No. of patients	2345	2306	2256	2204	1981	1473	1240	804	188
Empagliflozin 10 mg	2342	2308	2267	2223	2007	1477	1247	830	207
Empagliflozin 25 mg	2333	2271	2226	2173	1932	1424	1202	775	168
Placebo									

All-cause mortality

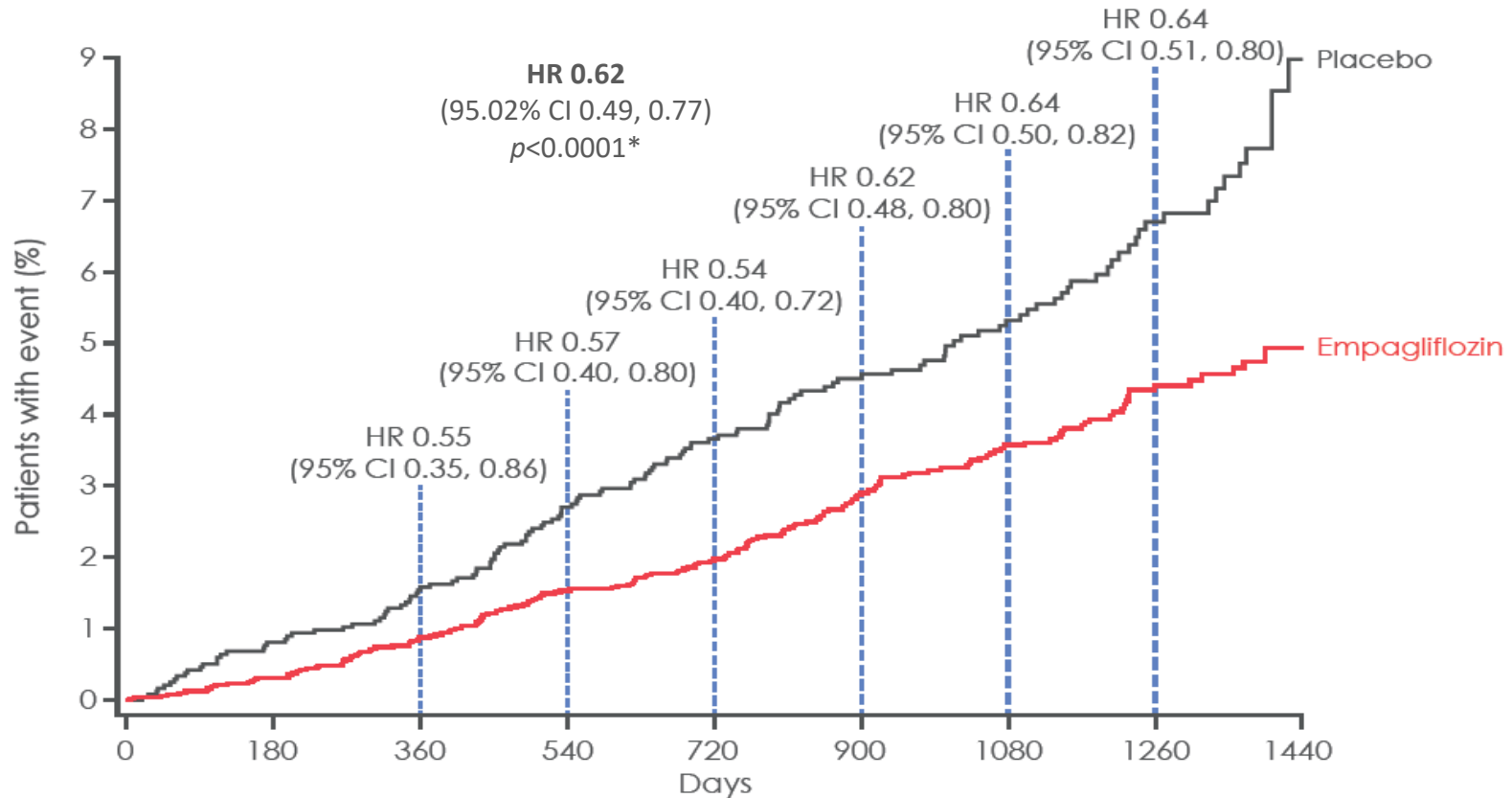


No. of patients	4687	4651	4608	4556	4128	3079	2617	1722	414
Empagliflozin	2333	2303	2280	2243	2012	1503	1281	825	177
Placebo									

* Two-sided tests for superiority were conducted (statistical significance was indicated if $p<0.0498$)

Cardiovascular death

Hazard ratios and 95% CIs over time

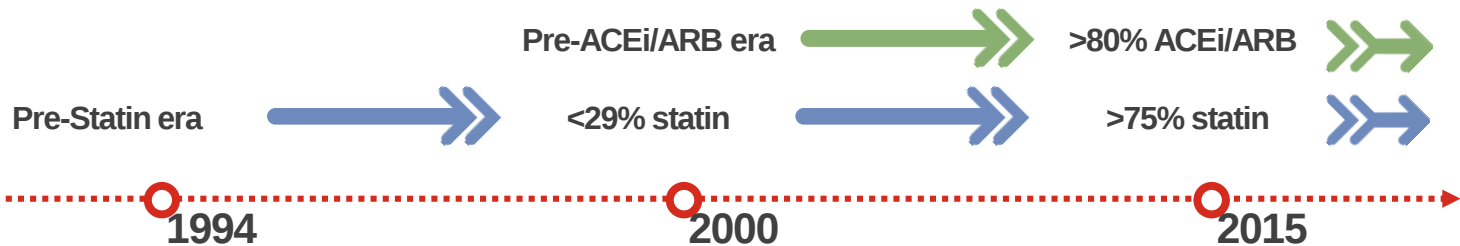
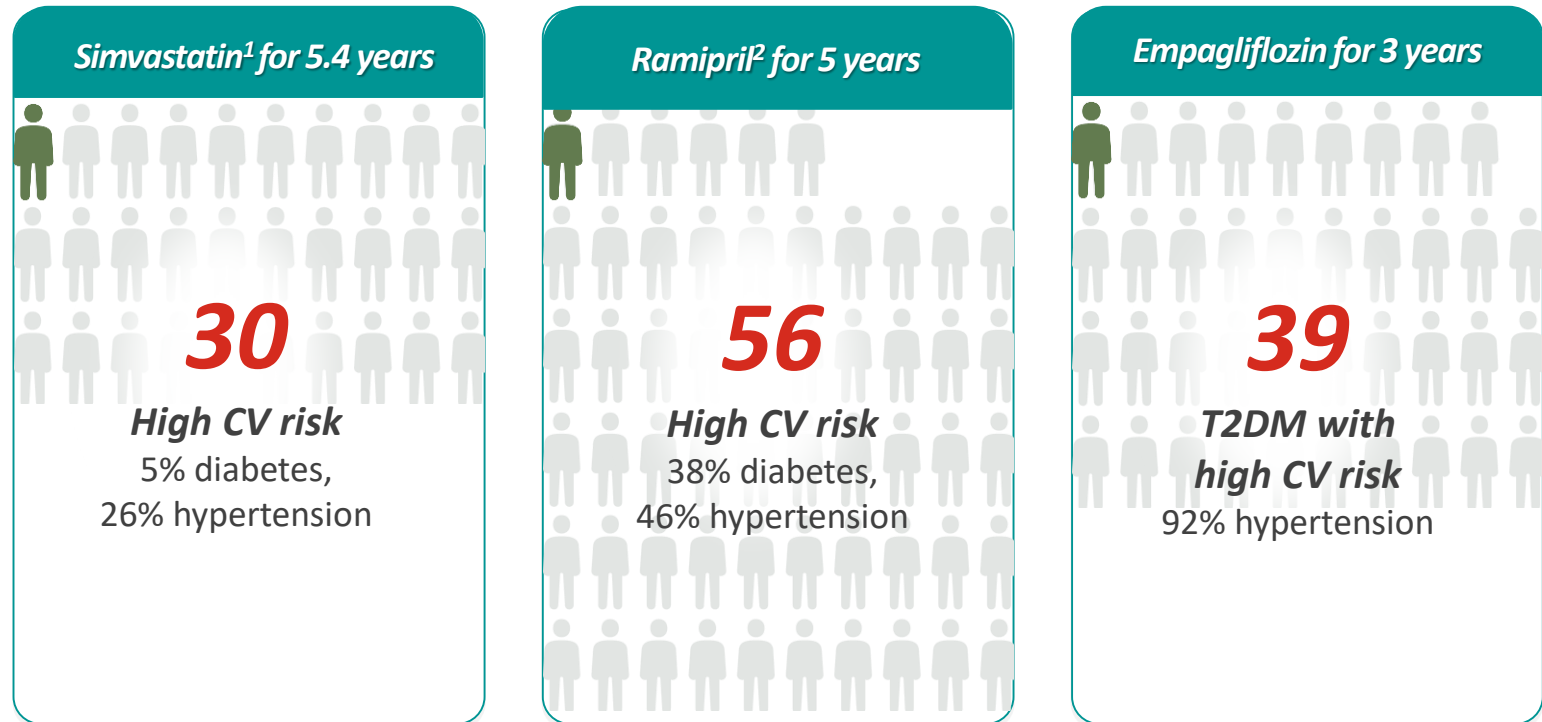


No. of patients									
Empagliflozin	4687	4651	4608	4556	4128	3079	2617	1722	414
Placebo	2333	2303	2280	2243	2012	1503	1281	825	177

Empagliflozin is not indicated for CV risk reduction. Patients treated with ≥ 1 dose of study drug.
 HR and 95% CIs based on Cox regression analysis. *Nominal p -value. Cumulative incidence function
 van de Borne P *et al.* *European Society of Cardiology Heart Failure (ESC-HF) 2016.* P2231

Empagliflozin can save 1 live in 39 T2D patients with CV risk

Number needed to treat (NNT) to prevent one death across landmark trials in patients with high CV risk

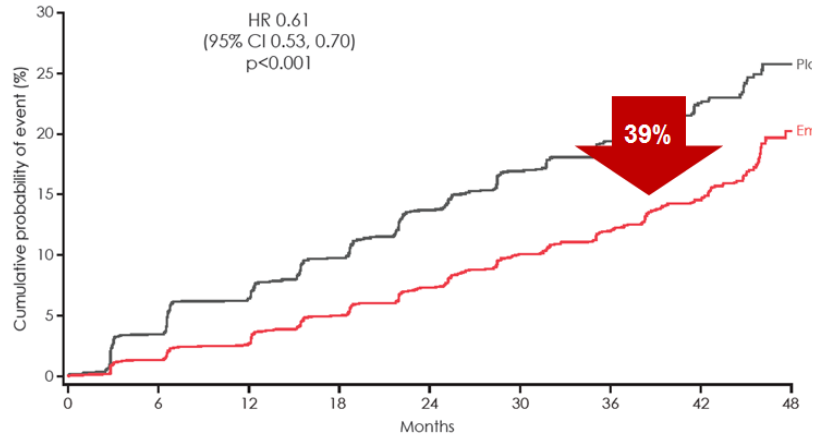


1. 4S investigator. Lancet 1994; 344: 1383-89, <http://www.trialresultscenter.org/study2590-4S.htm>;

2. HOPE investigator N Engl J Med 2000;342:145-53, <http://www.trialresultscenter.org/study2606-HOPE.htm>

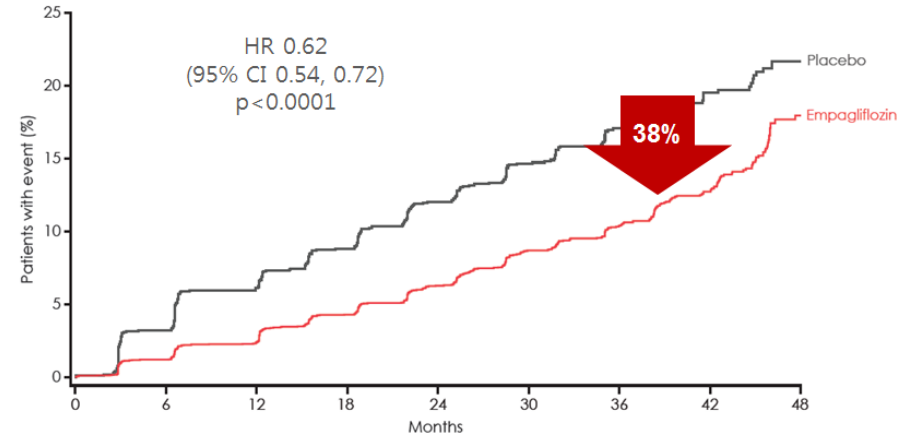
Pre-specified renal outcome

New onset or worsening nephropathy



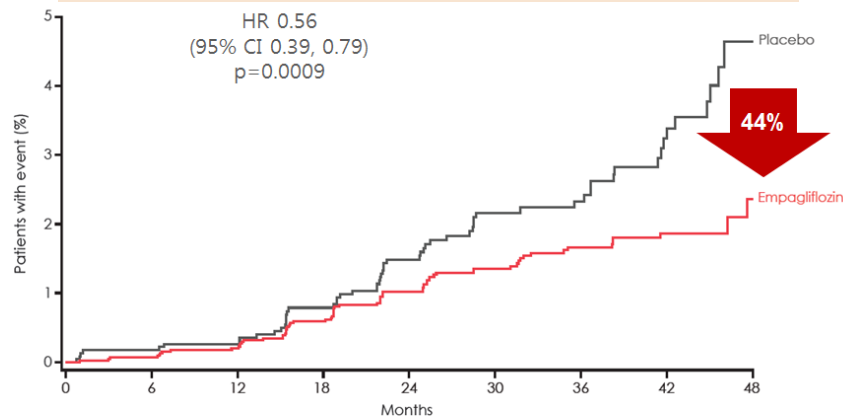
No. of patients	4124	3994	3848	3669	3171	2279	1887	1219	290
Empagliflozin	2061	1946	1836	1703	1433	1016	833	521	106
Placebo									

New onset of macroalbuminuria



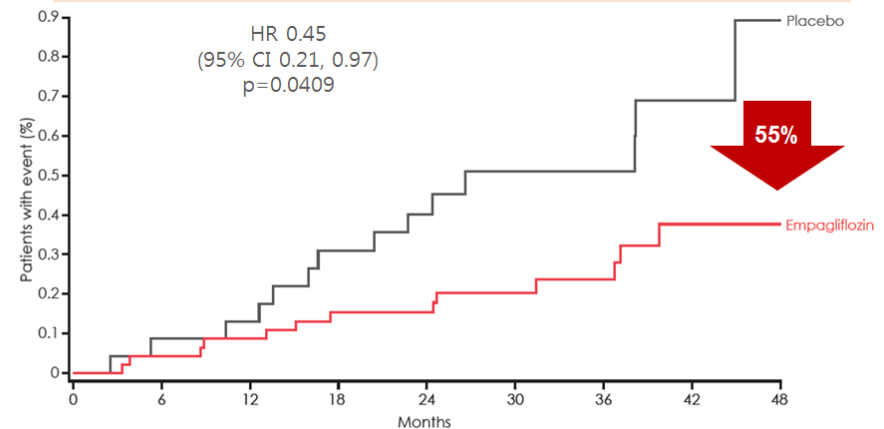
No. of patients	4091	3965	3826	3661	3176	2291	1898	1226	296
Empagliflozin	2033	1925	1816	1694	1437	1022	837	526	108
Placebo									

Doubling of serum creatinine with eGFR ≤45 ml/min/1.73m²



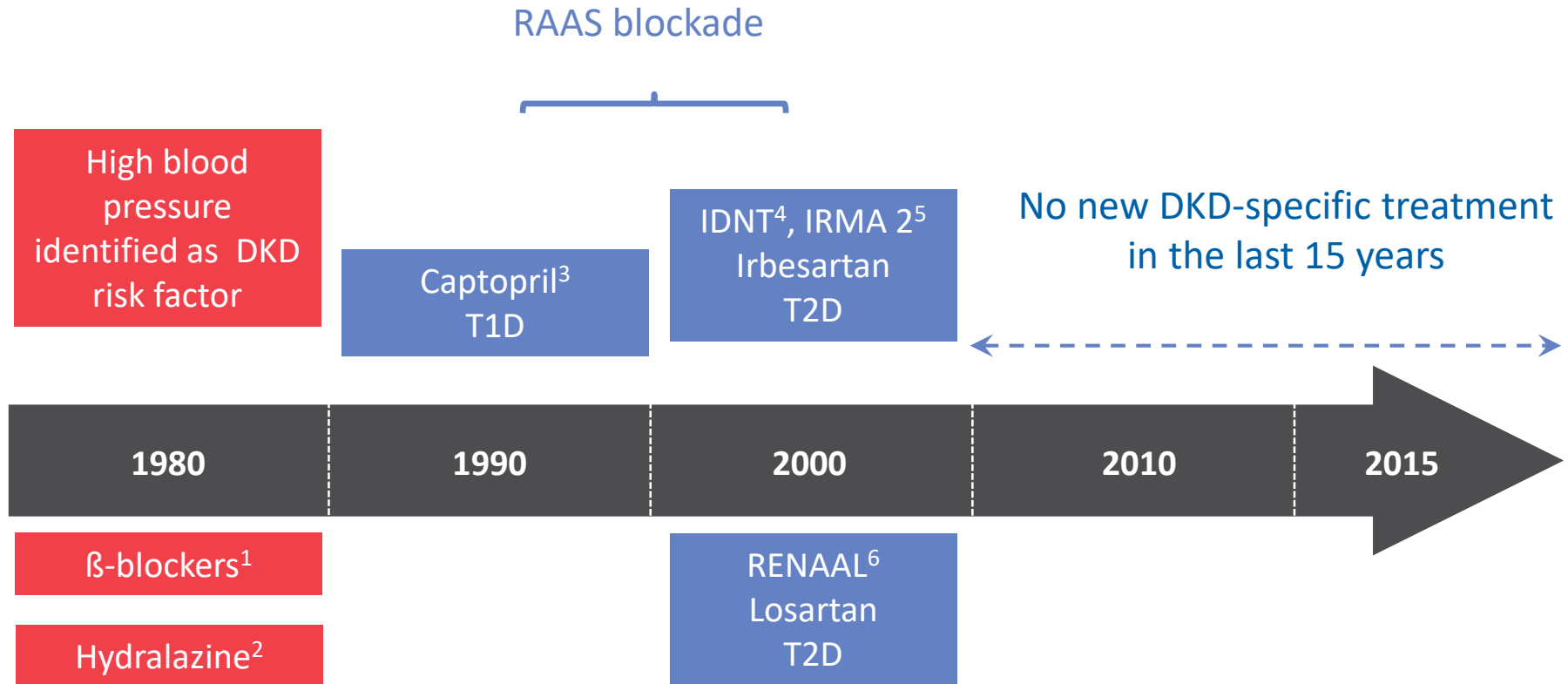
No. of patients	4645	4501	4379	4245	3731	2718	2279	1494	360
Empagliflozin	2323	2230	2147	2048	1773	1292	1082	681	146
Placebo									

Time to first initiation of continuous renal replacement therapy



No. of patients	4687	4625	4551	4471	4039	2989	2535	1668	402
Empagliflozin	2333	2292	2253	2201	1966	1458	1238	798	172
Placebo									

No new DKD-specific treatment in the last 15 years



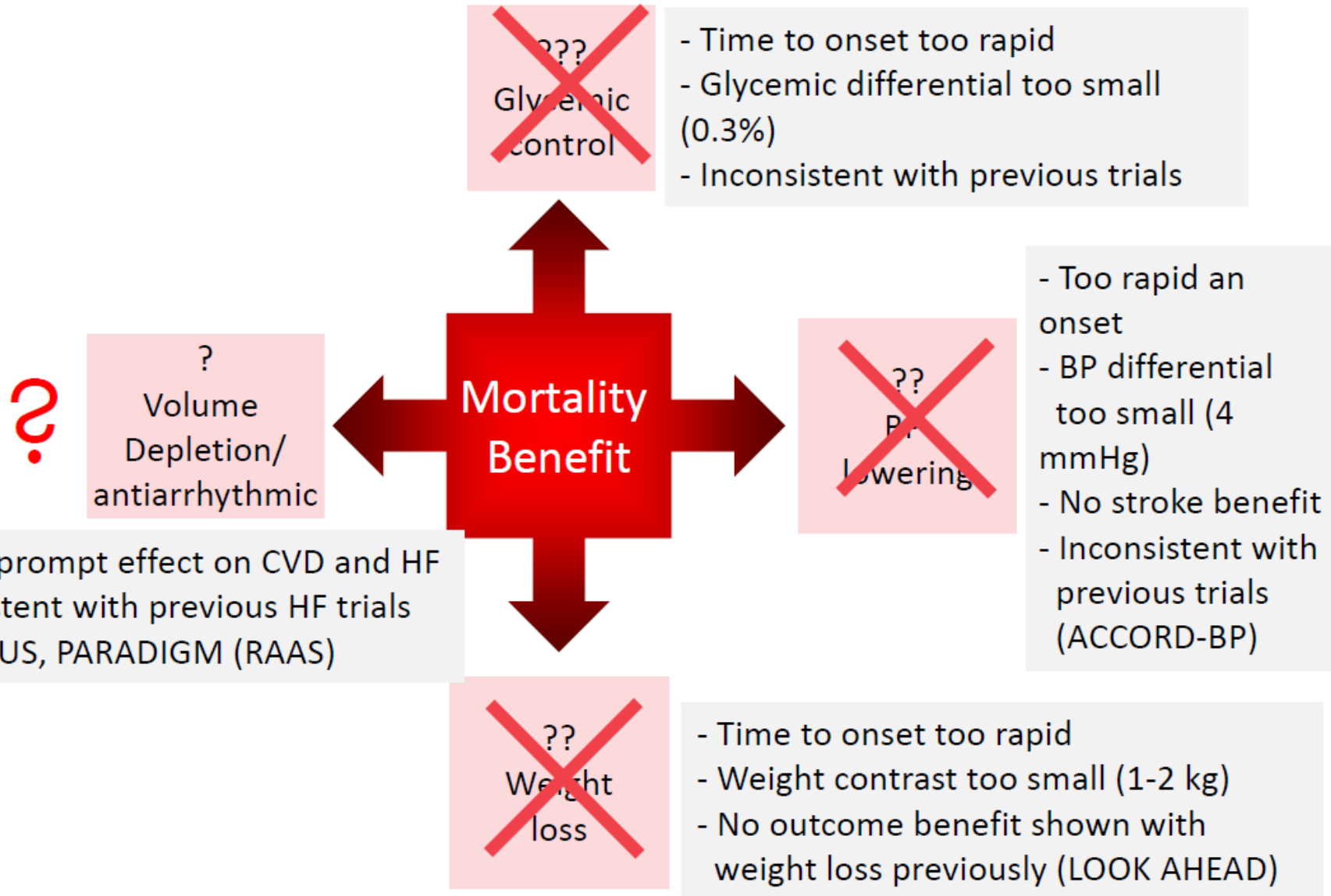
DKD, diabetic kidney disease; T1D, type 1 diabetes; T2D, type 2 diabetes; IDNT, Irbesartan Type 2 Diabetic Nephropathy Trial; RAAS, renin–angiotensin–aldosterone system; RENAAL, Reduction of Endpoints in NIDDM with the Angiotensin II Antagonist Losartan.

1. Mogensen CE *et al. Br Med J (Clin Res Ed)* 1982;285:685; 2. Parving HH *et al. Lancet* 1983;1:1175

3. Lewis EJ *et al. N Engl J Med* 1993;329:1456; 4. Lewis EJ *et al. N Engl J Med* 2001;345:851; 5. Brenner BM *et al. N Engl J Med* 2001;345:861

EMPA-REG OUTCOME[®]: Explaining Findings

Should We Even Attempt to Explain an 'Unexpected' Outcome?

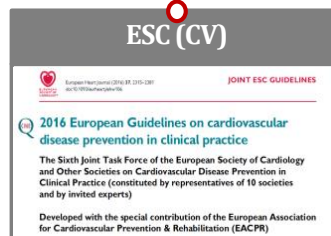
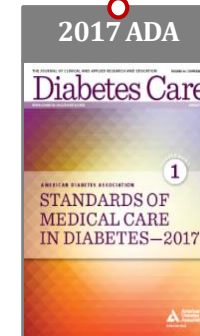
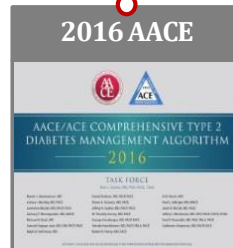
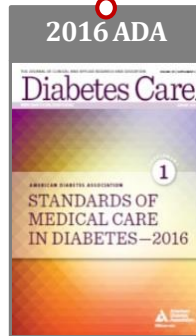


Impact to Various Guidelines



2016

2017



AT DIAGNOSIS OF TYPE 2 DIABETES

Start lifestyle intervention (nutrition therapy and physical activity) +/- Metformin

A1C <8.5%

A1C ≥8.5%

Symptomatic hyperglycemia with metabolic decompensation

If not at glycemic target (2-3 mos)

Start metformin immediately

Consider initial combination with another antihyperglycemic agent

Initiate insulin +/- metformin

Start / Increase metformin

If not at glycemic targets

Add another agent best suited to the individual by prioritizing patient characteristics:

PATIENT CHARACTERISTIC

CHOICE OF AGENT

PRIORITY:
Clinical Cardiovascular Disease

→ SGLT2 inhibitor with demonstrated CV outcome benefit

Degree of hyperglycemia
Risk of hypoglycemia
Overweight or obesity
Cardiovascular disease or multiple risk factors
Comorbidities (renal, CHF, hepatic)
Preferences & access to treatment

Consider relative A1C lowering
Rare hypoglycemia
Weight loss or weight neutral
Effect on cardiovascular outcome
See therapeutic considerations, consider eGFR
See cost column; consider access

See next page...



2016 European Guidelines on cardiovascular disease prevention in clinical practice

In patients with type 2 DM and CVD, the use of an SGLT2 inhibitor should be considered early in the course of the disease to reduce CV and total mortality.	IIa	B	394
Lipid lowering agents (principally statins) are recommended to reduce CV risk in all patients with type 2 or type 1 DM above the age of 40 years.	I	A	371, 372
Lipid lowering agents (principally statins) may be considered also in individuals below 40 years of age if at significantly elevated risk, based on the presence of micro-vascular complications or of multiple CV risk factors.	IIb	A	371, 372
In DM patients at very high-risk (see table 5), a LDL-C target <1.8 mmol/L (<70 mg/dL), or a reduction of at least 50% if the baseline LDL-C is between 1.8 and 3.5 mmol/L (70 and 135 mg/dL), is recommended. ^d In DM patients with high-risk (see table 5), LDL-C target <2.6 mmol/L (<100mg/dL) or a reduction of at least 50% if the baseline LDL-C is between 2.6 and 5.1 mmol/L (100 and 200 mg/dL) is recommended. ^d	I	B	395
BP targets in type 2 DM are generally recommended to be <140/85 mmHg, but a lower target of <130/80 mmHg is recommended in selected patients (e.g. younger patients at elevated risk for specific complications) for additional gains on stroke, retinopathy and albuminuria risk. Renin-angiotensin-aldosterone system blocker is recommended in the treatment of hypertension in DM, particularly in the presence of proteinuria or micro- albuminuria. Recommended BP target in patients with type 1 DM is <130/80 mmHg.	I	B	396, 397
The use of drugs that increase HDL-C to prevent CVD in type 2 DM is not recommended.	III	A	386
Antiplatelet therapy (e.g. with aspirin) is not recommended for people with DM who do not have CVD.	III	A	398

New Recommendation: Pharmacologic Therapy For T2DM

- In patients with long-standing suboptimally controlled type 2 diabetes and established atherosclerotic cardiovascular disease, empagliflozin or liraglutide should be considered as they have been shown to reduce cardiovascular and all-cause mortality when added to standard care. Ongoing studies are investigating the cardiovascular benefits of other agents in these drug classes. **B**

LIFESTYLE THERAPY

(Including Medically Assisted Weight Loss)

Entry A1C < 7.5%

MONOTHERAPY*

- ✓ Metformin
- ✓ GLP-1 RA
- ✓ SGLT-2i
- ✓ DPP-4i
- ! TZD
- ✓ AGi
- ! SU/GLN

If not at goal in 3 months proceed to Dual Therapy

Entry A1C ≥ 7.5%

DUAL THERAPY*

- ✓ GLP-1 RA
 - ✓ SGLT-2i
 - ✓ DPP-4i
 - ! TZD
 - ! Basal Insulin
 - ✓ Colesevelam
 - ✓ Bromocriptine QR
 - ✓ AGi
 - ! SU/GLN
- MET**
or other
1st-line
agent
- +

If not at goal in 3 months proceed to Triple Therapy

Entry A1C > 9.0%

SYMPTOMS

NO YES

DUAL
Therapy

OR

TRIPLE
Therapy

INSULIN
±
Other
Agents

**ADD OR INTENSIFY
INSULIN**

Refer to Insulin Algorithm

LEGEND



Few adverse events and/or possible benefits

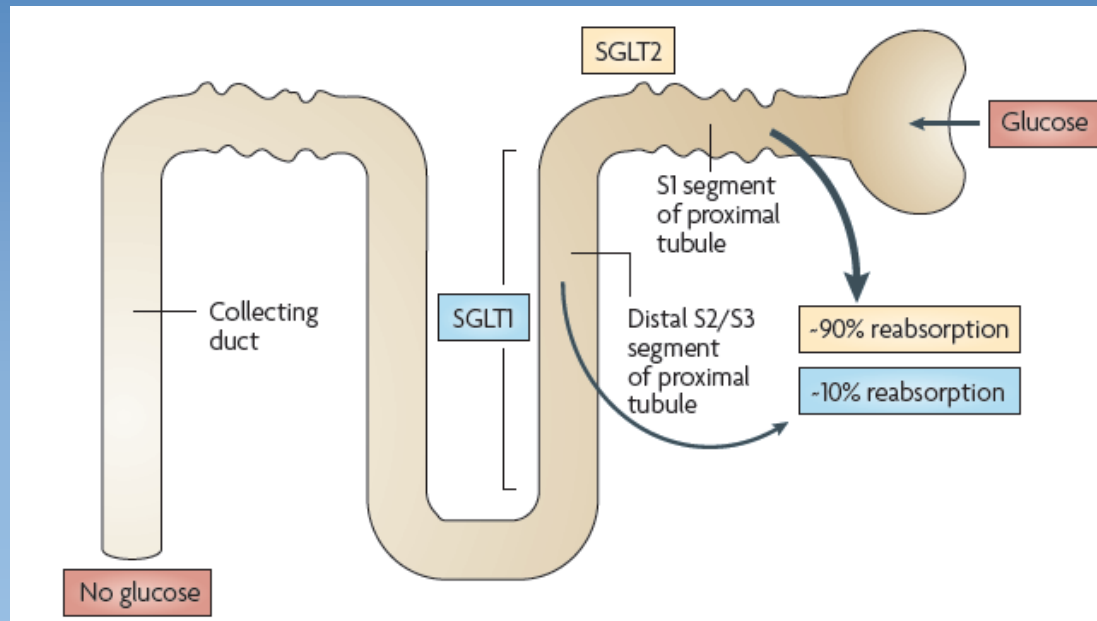


Use with caution

PROGRESSION OF DISEASE

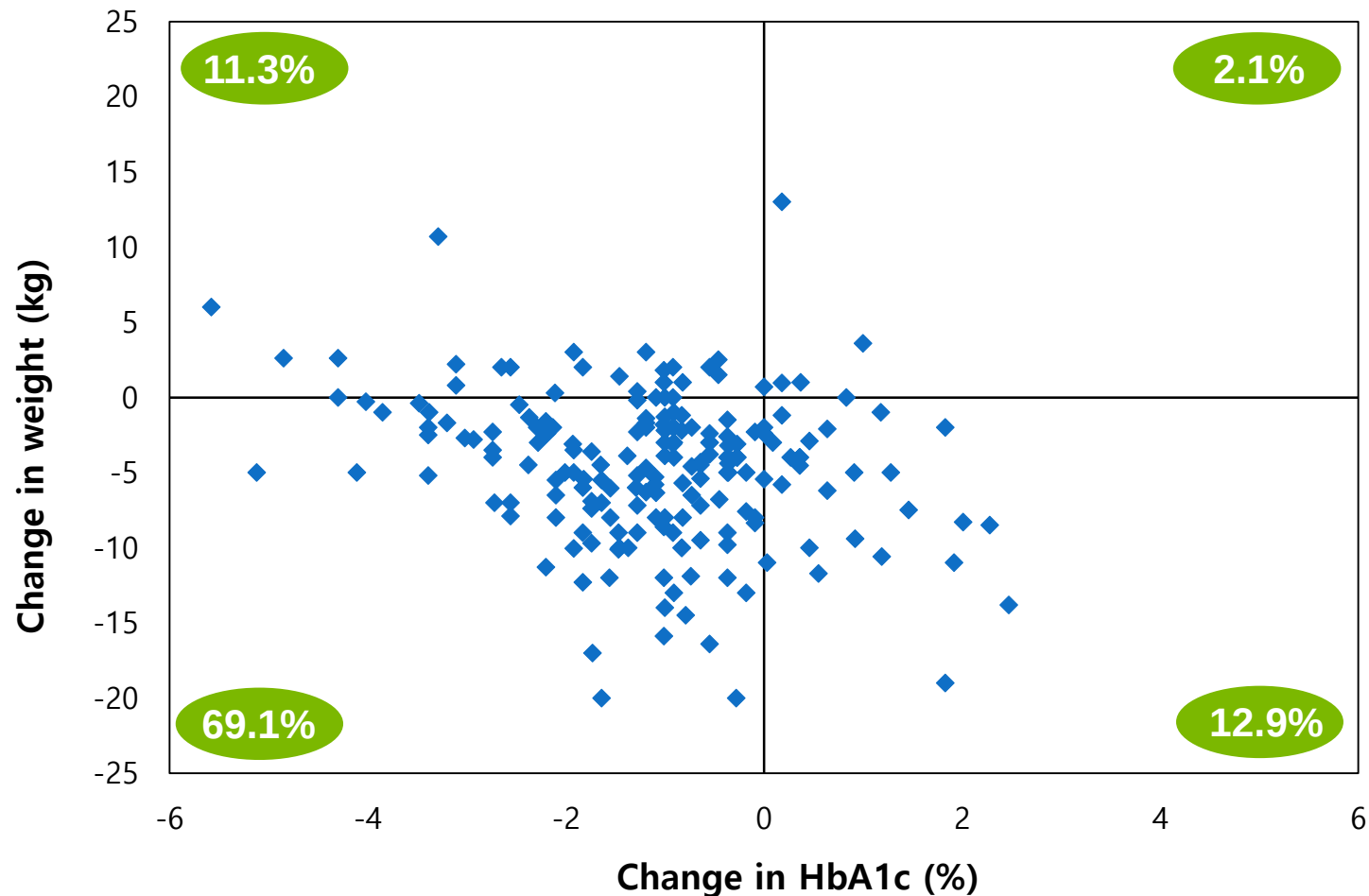
* Order of medications represents a suggested hierarchy of usage; length of line reflects strength of recommendation

Recent Clinical Issues in SGLT2 inhibitors



Change in HbA1c (%) and weight (kg) at >180 days in the 3 most common combination groups

Change in HbA1c (%) and weight (kg) at >180 days from patients in the most common treatment groups: Dual (add-on to MET), triple and add-on to insulin (n=194)

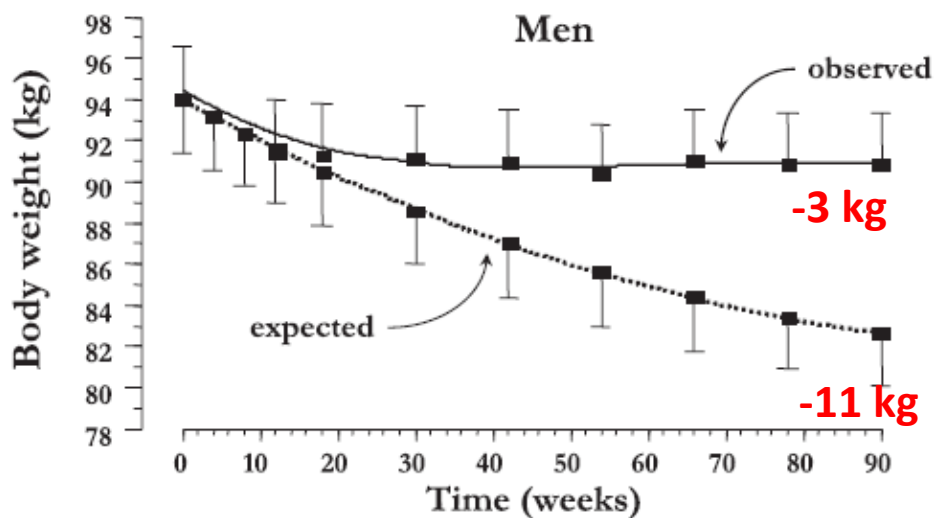


(*) Only patients with changes in both parameters are included for the calculations of the percentages for each quadrant. Data not shown for 1 patient with $\Delta\text{HbA1c} -9.06\%$, $\Delta\text{Weight} +2.0$ kg.

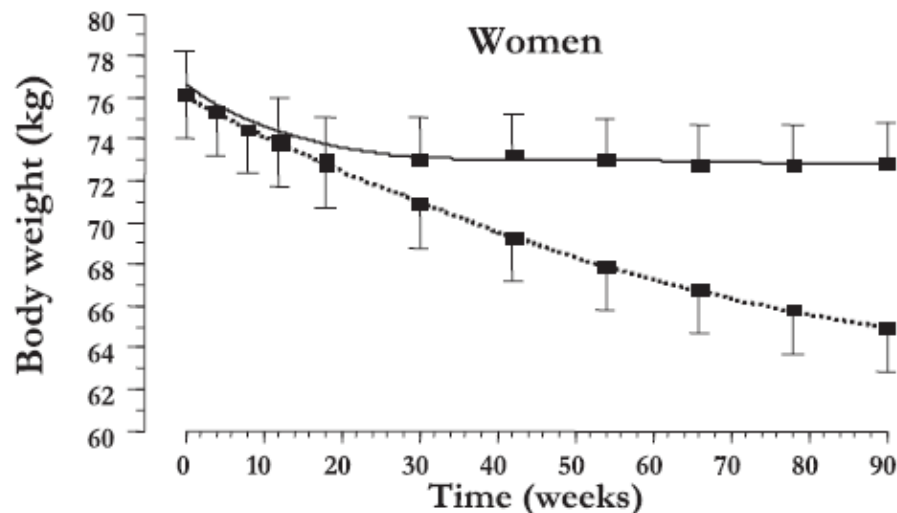
Dapagliflozin is not indicated for the management of obesity . Weight change was a secondary endpoint in clinical trials Wilding et al., Diabetes Ther. 2016 Dec;7(4):695-711

Energy Balance after SGLT2 inhibition

- Time course of observed and predicted weight loss (by glycosuria) with Empagliflozin



Modified from ref.



Modified from ref.

Predicted weight loss: -11.3 ± 3.1 kg
Observed weight loss: -3.2 ± 4.2 kg

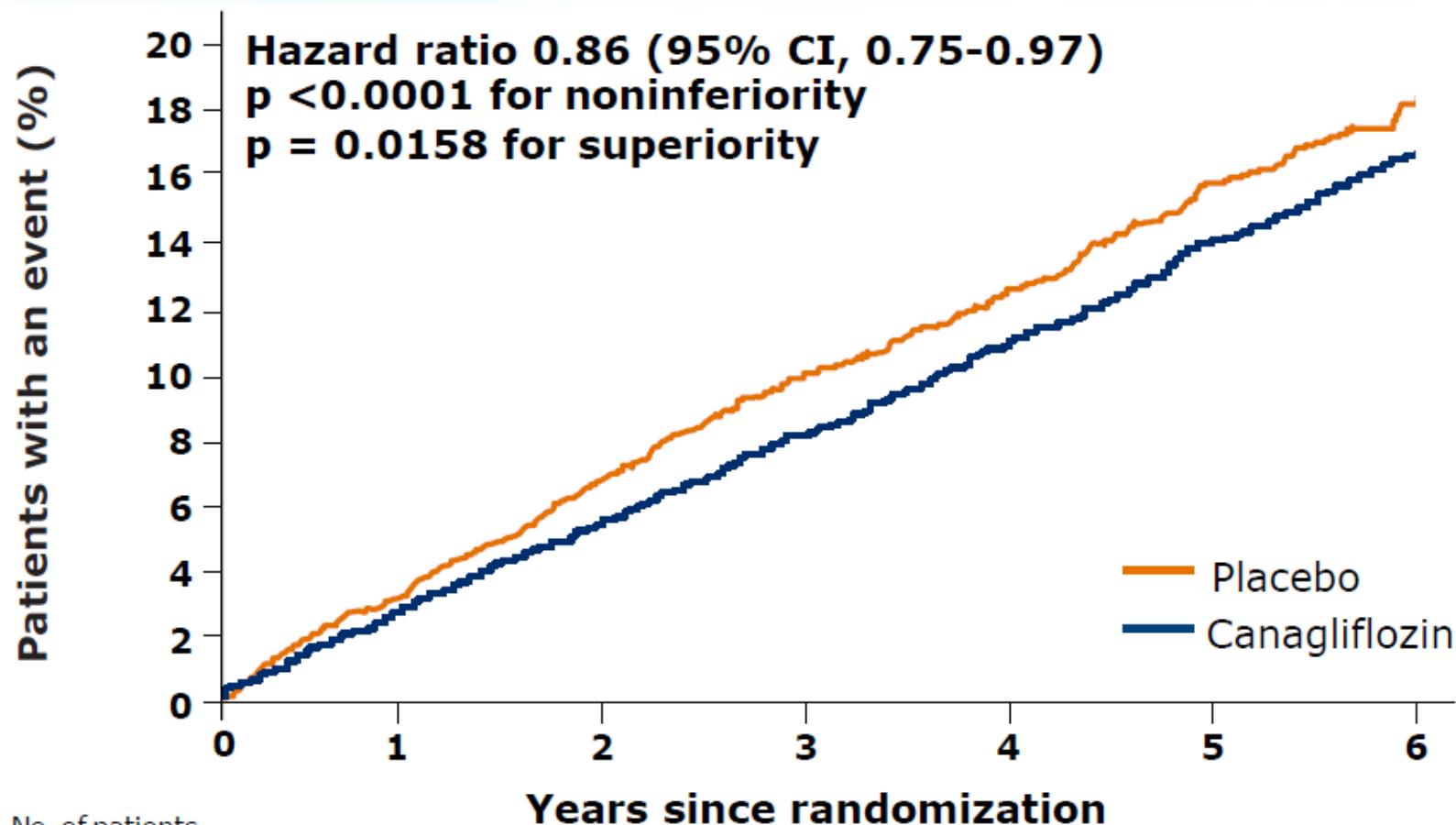
Postulated Adaptive Metabolic Mechanisms after SGLT2 inhibitor Therapy

- **↑ Glucose reabsorption by SGLT1 downstream to limit urinary glucose loss**
- **↑ Endogenous glucose production (EGP) in part via an increase in glucagon and decrease in insulin levels**
- **↑ Carbohydrate consumption in the setting of lower glycemia, lower insulin doses and lower body weight**



Primary MACE Outcome

CV Death, Nonfatal Myocardial Infarction or Nonfatal Stroke

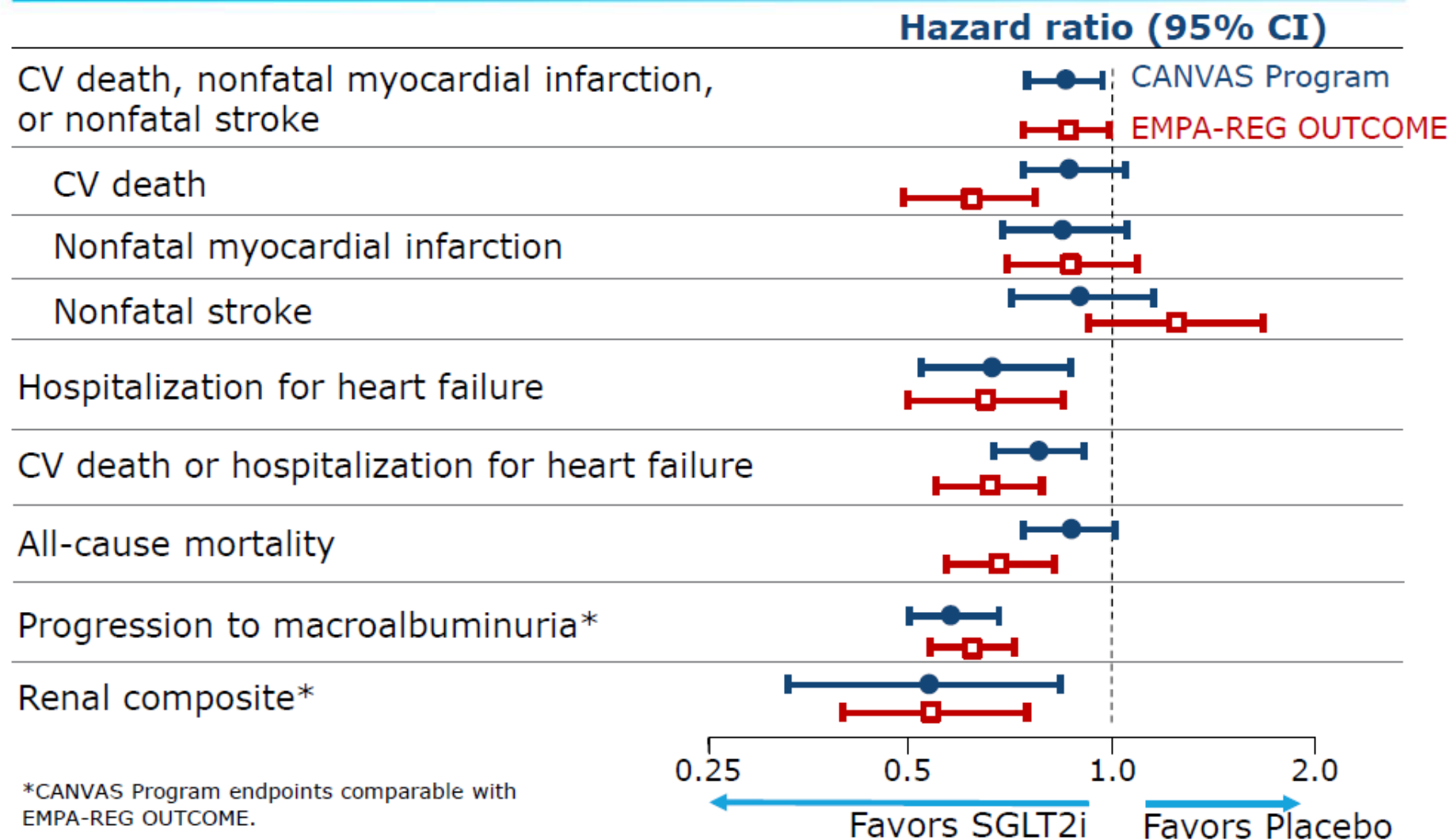


No. of patients

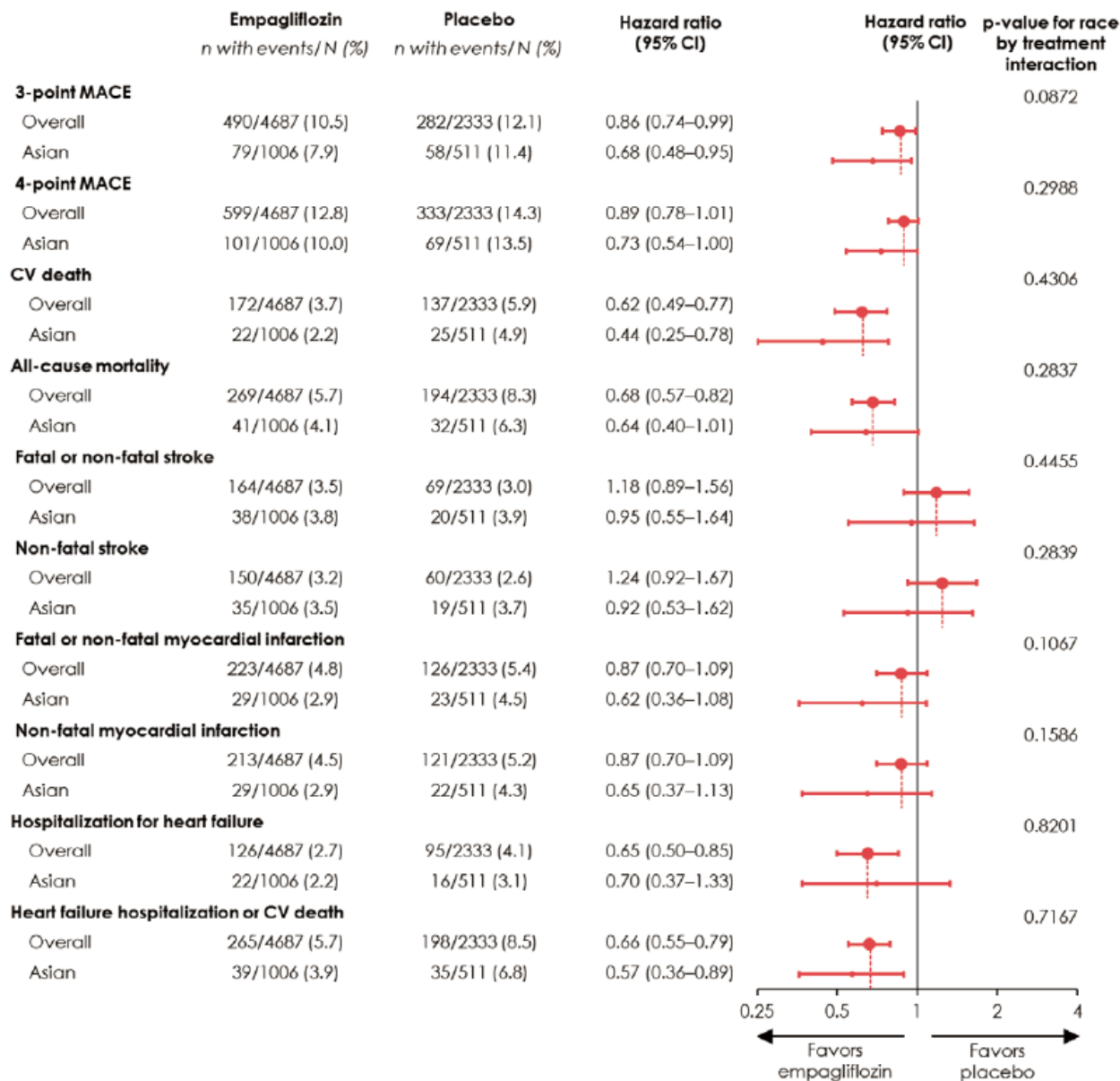
Placebo	4347	4153	2942	1240	1187	1120	789
Canagliflozin	5795	5566	4343	2555	2460	2363	1661

Intent-to-treat analysis

Key Outcomes in the CANVAS Program and EMPA-REG OUTCOME

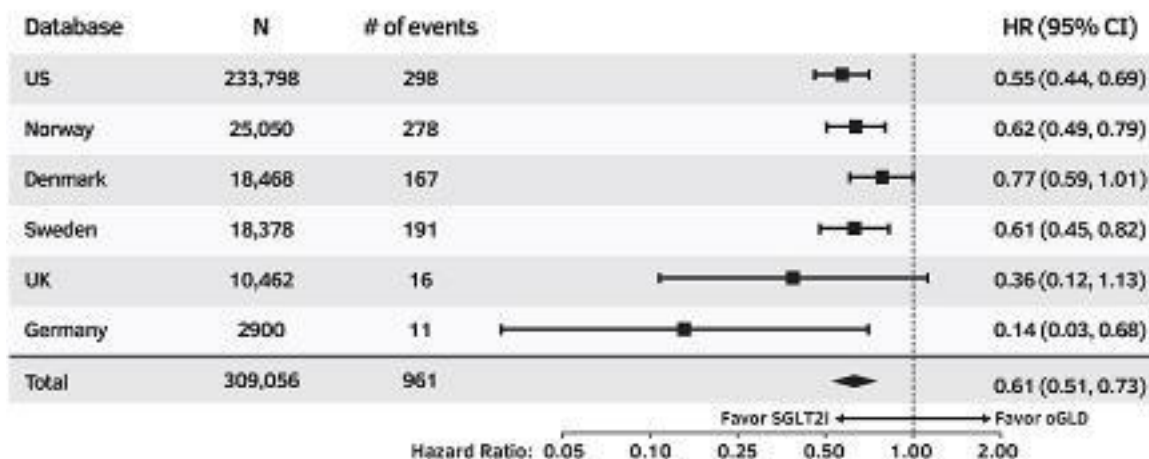


EMPA-REG OUTCOME: Asian Subgroup Analysis



SGLT-2i CV Safety Real World Evidence : CVD-REAL presented at 66th ACC (2017)

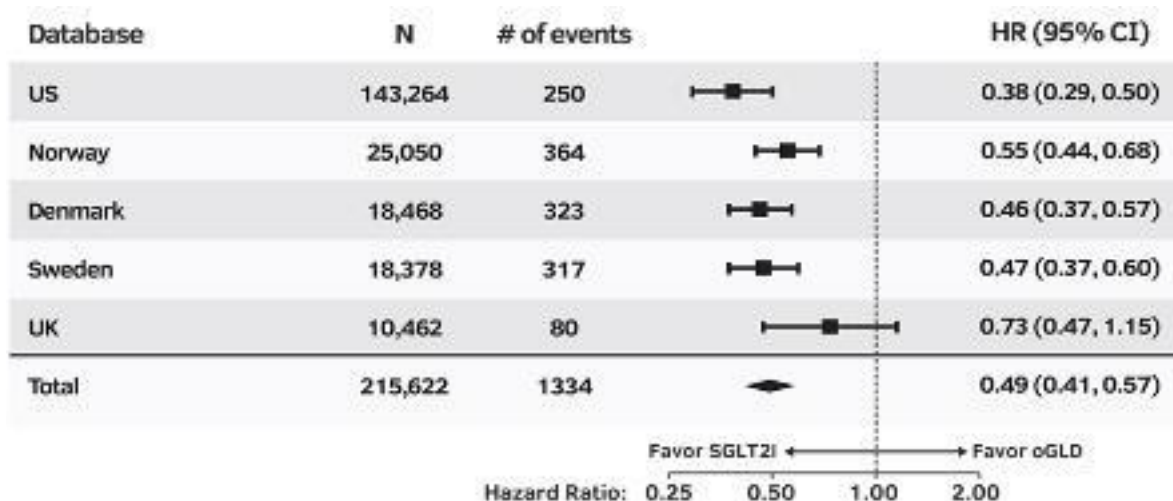
Primary endpoint: hospitalisation from heart failure



P-value for
SGLT2 inhibitor
vs oGLD:
<0.001

Heterogeneity
p-value 0.17

Secondary endpoint: all-cause mortality

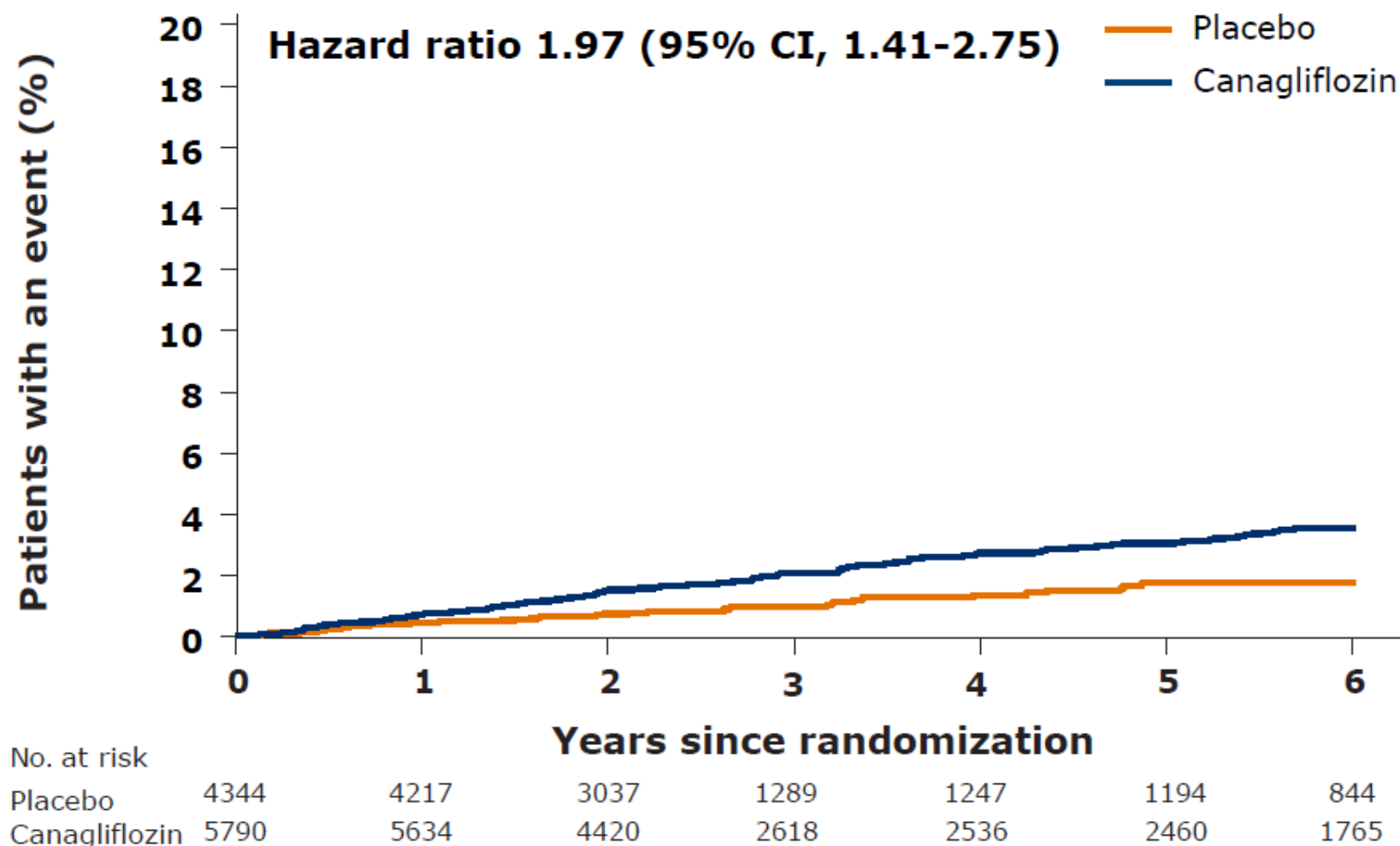


P-value for
SGLT2 inhibitor
vs oGLD:
<0.001

Heterogeneity
p-value 0.09

Result from RWE studies may not necessarily relate to the effect of the intervention/treatment alone and results should be still be interpreted in the context of RCT findings. Forxiga is not indicated for CV risk reduction by MFDS.

Lower-extremity Amputations



Increased risk communicated to health authorities, investigators, and providers in 2016 based on IDMC letter.

Amputation Risk Factors - Multivariate Analysis

Risk Factor at Baseline	Hazard Ratio	95% CI
Amputation	20.9	(14.2-30.8)
Peripheral vascular disease*	3.1	(2.2-4.5)
Male	2.4	(1.6-3.5)
Neuropathy	2.1	(1.6-2.9)
HbA1c >8%	1.9	(1.4-2.6)
Canagliflozin treatment	1.8	(1.3-2.5)
Presence of CV disease	1.5	(1.0-2.3)

- Predictors of amputation risk are similar in both arms
- Canagliflozin treatment, independent of the risk factors, increased amputation risk

Predictive on univariate analysis: nephropathy, insulin use, retinopathy, loop diuretic, eGFR, diabetes duration
Factors assessed but not significantly predictive: non-loop diuretic, smoking, SBP, hemoglobin, age

* Excludes amputations

SGLT2 inhibitors and risk of lower limb amputation (mainly toe)

Advice to Healthcare Professionals

- * All patients taking an SGLT2 inhibitor should be counselled on the importance of routine preventative foot care.
- * Patients taking canagliflozin, with risk factors for amputation events, such as previous amputation, existing peripheral vascular disease or neuropathy, should be monitored carefully and counselled on the importance of maintaining adequate hydration.
- * Patients should be counselled to notify their healthcare professional if they develop ulceration, discolouration, new pain or tenderness in their feet.
- * Treatment discontinuation should be considered for patients taking canagliflozin who develop amputation preceding events, for example, lower extremity skin ulcer, infection, osteomyelitis or gangrene.

Euglycemic DKA

Assessment and Precipitating Factors

Assess for DKA when symptoms are present, even if glucose <250 mg/dL

- Nausea/vomiting
- Abdominal pain
- Generalized malaise
- Shortness of breath

Consider factors that predispose to DKA before and during treatment with an SGLT2 inhibitor

- Reduced caloric intake
- Pancreatic insulin deficiency
- Alcohol abuse
- Insulin dose reduction

SGLT2 inhibitors are currently not approved for the treatment of type 1 diabetes.

AACE/ACE Position Statement on SGLT-2 inhibitors and DKA risk

To minimize the risk of DKA associated with SGLT-2 inhibitors

1. Consider stopping the SGLT-2 inhibitor at least 24 hours prior to elective surgery, planned invasive procedures, or anticipated severe stressful physical activity such as running a marathon. As noted above, urinary glucose loss due to SGLT-2 inhibition may persist after the drug is stopped.
2. Avoid stopping insulin or decreasing the dose excessively.
3. For emergency surgery or any extreme stress event, the drug should be stopped immediately, and appropriate clinical care should be provided.
4. Patients taking SGLT-2 inhibitors should avoid excess alcohol intake and very-low-carbohydrate/ketogenic diets.
5. SGLT-2 inhibitors are not approved for use in T1D.

FDA Drug Safety Communication

Acute Kidney Injury

- FDA strengthened existing warnings about acute kidney injury for canagliflozin and dapagliflozin (May 18, 2016)
 - 101 cases* reported from 3/29/2013 to 10/19/2015

Reported from canagliflozin (n=73) and dapagliflozin (n=28)

Meanwhile, with this possibility in mind, we propose avoidance of the concomitant administration of agents that lead to iatrogenic hypoxic medullary injury: avoidance of NSAIDs in patients on SGLT2 inhibitors and cessation of SGLT2 inhibitors prior to radiocontrast studies.

Diabetes Care Publish Ahead of Print, published online January 27, 2017

kidney injury)

- Most cases are reversible

*Cases were reported to FAERS.
FDA website.

Take-Home Messages:

To Date - Summary about SGLT2 inhibitors

- * Modest glycemic lowering efficacy (HbA1c 0.5-1.0%)
 - * The higher at baseline, the larger reduction in HbA1c
 - * Insulin independent mechanism
- * Weight reduction by 2-3kg (Fat mass >> Lean mass)
 - * The heavier at baseline, the larger reduction in body weight
- * BP lowering effect (SBP ~4mmHg, DBP ~ 2mmHg)
- * CV benefit (as secondary prevention with previous CVD history)
- * Reno-protective effect with potential microvascular Cx prevention
- * No data to support the use in early diabetes or as a primary prevention
- * Increased risk of lower limb amputation in CANVAS

Take-Home Messages:

Good Candidates for SGLT2 inhibitors?

GOOD for T2DM with

- * $\text{eGFR} \geq 60 \text{ ml/min/1.73m}^2$
- * Mild hypertension (SBP 4mmHg↓, DPB 2mmHg↓)
- * Overweight or obese
- * Frequent HYPO and/or Wt gain on another antidiabetic agents
- * GI side-effects on another antidiabetic agents
- * Poor control of PPG on another antidiabetic agents

NOT GOOD for T2DM with

- * $\text{eGFR} < 45 \sim 60 \text{ ml/min/1.73m}^2$
- * Prone to develop ketosis (T1DM or LADA, Dehydration)
- * Previous history of UTI or genital infection, old ages (>75yrs old)

Thank you for your attention!!

