

Program in Details

| Day 1 (Thursday, November 26, 2026) |                                                                                                                                                                             |                     |                     |
|-------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------|---------------------|
| Time                                | Changjo Room 1 (4F)                                                                                                                                                         | Changjo Room 2 (4F) | Miraero Room 1 (3F) |
| 14:00-15:30                         | Symposium 1.<br>Optimizing Obesity Care: From Precision Prediction to Clinical Strategy                                                                                     |                     | Oral Presentation 1 |
| 14:00-14:25                         | Who Responds Best? Genetics of Weight Loss and Side Effects with Incretin-Based Therapy<br><i>Ko, Hae-Jin (Kyungpook National University, Korea)</i>                        |                     |                     |
| 14:25-14:50                         | Safety and Tolerability of Incretin-Based Therapies<br><i>Shin, Joo Young (Sungkyunkwan University, Korea)</i>                                                              |                     |                     |
| 14:50-15:15                         | Evidence-Based Switching and Combination with Incretin-Based Therapy<br><i>David Macklin (University of Toronto)</i>                                                        |                     |                     |
| 15:15-15:30                         | Panel Discussion<br><i>Park, Kye Young (Hanyang University, Korea)</i><br><i>Ryu, Ha Eun (Yonsei University, Korea)</i><br><i>Shin, Bo Kyoung (Donga University, Korea)</i> |                     |                     |
| 15:30-15:50                         | Coffee Break                                                                                                                                                                |                     |                     |
| 15:50-17:20                         | Symposium 2.<br>New Horizons in Cardiometabolic Therapeutics                                                                                                                |                     | Oral Presentation 2 |
| 15:50-16:15                         | Comparing New and Conventional Approaches in Hypertension: From Endothelin to RNA-Based Therapy<br><i>Lee, Jong Young (Hallym University, Korea)</i>                        |                     |                     |
| 16:15-16:40                         | From Glycemic Control to Disease Modification: Redefining Diabetosity Therapy<br><i>Brij Mohan Makkar (Dr Makkar's Diabetes and Obesity Centre, India)</i>                  |                     |                     |
| 16:40-17:05                         | Navigating the New Landscape of Lipid-Lowering Agents Beyond Statins<br><i>Wi, Jin (Gachon University, Korea)</i>                                                           |                     |                     |
| 17:05-17:20                         | Panel Discussion<br><i>Kim, Yong Hwan (CHA University, Korea)</i><br><i>Seo, Yu Bin (Konkuk university, Korea)</i><br><i>Son, Da Hye (Yonsei University, Korea)</i>         |                     |                     |
| 17:20~                              | Welcome Party                                                                                                                                                               |                     |                     |

| Day 2 (Friday, November 27, 2026) |                                                                                                                                                                                                                  |                     |                                                                                                  |
|-----------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------|--------------------------------------------------------------------------------------------------|
| Time                              | Changjo Room 1 (4F)                                                                                                                                                                                              | Segyero Room 1 (3F) | Miraero Room 1 (3F)                                                                              |
| 08:30-09:00                       | Breakfast Symposium 1, 2                                                                                                                                                                                         | Guided Poster 1     |                                                                                                  |
| 08:30-08:45                       | Breakfast Symposium 1<br><div>TBD</div>                                                                                                                                                                          |                     |                                                                                                  |
| 08:45-09:00                       | Breakfast Symposium 2<br><div>TBD</div>                                                                                                                                                                          |                     |                                                                                                  |
| 09:00-10:30                       | Symposium 3.<br>Obesity in Asia-Pacific: Epidemiology and Real-World Evidence                                                                                                                                    |                     |                                                                                                  |
| 09:00-09:20                       | Obesity in South Asia: Asian Obesity Paradox<br><div>A.H.Aamir (Peshawar General Hospital, Pakistan)</div>                                                                                                       |                     |                                                                                                  |
| 09:20-09:40                       | Obesity in China: Relevant Measures and Optimal Cutoff Values<br><div>An Pan (Huazhong University of Science and Technology, China)</div>                                                                        |                     |                                                                                                  |
| 09:40-10:00                       | Obesity in Oceania<br><div>Tania Markovic (University of Sydney, Australia)</div>                                                                                                                                |                     |                                                                                                  |
| 10:00-10:20                       | Obesity in Southeast Asia<br><div>Mohd Razif Shahril (Universiti Kebangsaan, Malaysia)</div>                                                                                                                     |                     |                                                                                                  |
| 10:20-10:30                       | Panel Discussion<br><div>Kim, Seong Hye (Sungkyunkwan University, Korea)<br/>Kim, Won Seok (Eulji University, Korea)<br/>Lee, Sung-Bum (Soonchunhyang University, Korea)</div>                                   |                     |                                                                                                  |
| 10:30-10:40                       | Opening Ceremony                                                                                                                                                                                                 |                     |                                                                                                  |
| 10:40-11:00                       | Coffee Break                                                                                                                                                                                                     |                     |                                                                                                  |
| 11:00-12:30                       | Symposium 4.<br>Nutrition and Energy Metabolism                                                                                                                                                                  | Guided Poster 2     | Oral Presentation 3                                                                              |
| 11:00-11:25                       | Sugar Paradox: Acute versus Chronic Effects of Simple Carbohydrates on GLP-1 Secretion<br><div>Song, Su Jin (Hannam University, Korea)</div>                                                                     |                     |                                                                                                  |
| 11:25-11:50                       | Thermoregulation: Diet-Induced Mechanism<br><div>Herbert Herzog (St Vincent's Centre for Applied Medical Research, Australia)</div>                                                                              |                     |                                                                                                  |
| 11:50-12:15                       | Vitamin and Trace Elements Status in Obese Thai populations, Focusing on the Patients Who Will Undergo Bariatric Surgery<br><div>Prapimporn Chattranukulchai Shantavasinkul (Mahidol University, Thailand)</div> |                     |                                                                                                  |
| 12:15-12:30                       | Panel Discussion<br><div>Koo, Hye Yeon (Seoul National University, Korea)<br/>Ryou, In Sun (Ewhwa University, Korea)<br/>Lee, Kyu Bae (Korea University, Korea)</div>                                            |                     |                                                                                                  |
| 12:30-13:00                       | Luncheon Symposium 1, 2                                                                                                                                                                                          |                     |                                                                                                  |
| 12:30-12:45                       | Luncheon Symposium 1<br><div>TBD</div>                                                                                                                                                                           |                     |                                                                                                  |
| 12:45-13:00                       | Luncheon Symposium 2<br><div>TBD</div>                                                                                                                                                                           |                     |                                                                                                  |
| 13:00-14:00                       | Lunch                                                                                                                                                                                                            |                     |                                                                                                  |
| 13:50-15:20                       | Symposium 5.<br>Next-Generation Hormonal Targets in Obesity                                                                                                                                                      | Guided Poster 3     | Committee KP<br><b>*Korean Symposium</b>                                                         |
| 13:50-14:15                       | GIP Receptor Antagonism with GLP-1 Receptor Agonism: Novel Mechanism as a Treatment for Obesity and Related Conditions<br><div>Morten Donsmark, PhD (Global Medical Affairs, Amgen)</div>                        |                     | AI 시대의 건전학술 출판: 학술지 AI 정책 체크리스트<br><div>김완중 (한국과학기술정보연구원)</div>                                  |
| 14:15-14:40                       | Glucagon in Energy Metabolism and Beyond<br><div>Sheryl Shin (Beringer-Ingerhiem, Korea)</div>                                                                                                                   |                     | Reviewer를 위한 Practical Statistics: 심사 시 반드시 확인해야 할 통계 포인트<br><div>이혜선 (연세대학교 의과대학 의학통계지원실)</div> |
| 14:40-15:05                       | Amylin in Metabolism and Appetite Control<br><div>Srikanth Deenadayalan (Novo Nordisk, Singapore)</div>                                                                                                          |                     | 연구윤리와 이해관계 고지에 대한 저자와 편집자의 관점<br><div>유성화 (서울삼성병원 IRB 윤리위원)</div>                                |
| 15:05-15:20                       | Panel Discussion<br><div>Heo,Yeon (The Catholic University of Korea, Korea)<br/>Lee, Hye Joon (Chung-Ang University, Korea)<br/>Park, Jung Ha (Kyung Hee University, Korea)</div>                                |                     | Panel Discussion<br><div>정태하 (연세원주의대)<br/>이종희 (연세의대)<br/>송지은 (경북의대)</div>                        |
| 15:20-15:40                       | Coffee Break                                                                                                                                                                                                     |                     |                                                                                                  |

| Day 2 (Friday, November 27, 2026) |                                                                                                                                                                         |                     |                     |
|-----------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------|---------------------|
| Time                              | Changjo Room 1 (4F)                                                                                                                                                     | Segyero Room 1 (3F) | Miraero Room 1 (3F) |
| 15:40-17:10                       | Symposium 6.<br>Obesity as a Multi-Organ Disease: Heart-Kidney-Liver Axis                                                                                               | Guided Poster 4     | Oral Presentation 4 |
| 15:40-16:05                       | Cardiovascular Perspectives in Cardiovascular-Kidney-Metabolic Syndrome<br><i>Jo, Dong-Hyuk (Korea University, Korea)</i>                                               |                     |                     |
| 16:05-16:30                       | Renal Perspectives in Cardiovascular-Kidney-Metabolic syndrome<br><i>Bae, Eun Hee (Chonnam University, Korea)</i>                                                       |                     |                     |
| 16:30-16:55                       | MASLD and Liver Outcomes in Obesity Treatment<br><i>Yoshihiro Kamada (Osaka University, Japan)</i>                                                                      |                     |                     |
| 16:55-17:10                       | Panel Discussion<br><i>Kim, Jin Wook (Hippocrata Clinic, Korea)</i><br><i>Jung, Su Ji (Ajou University, Korea)</i><br><i>Lee, Chung Woo (VHS Medical Center, Korea)</i> |                     |                     |
| 18:30                             | President's Dinner (*Invitation Only)                                                                                                                                   |                     |                     |

| Day 3 (Saturday, November 28, 2026) |                                                                                                                                                                                                                  |                     |
|-------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------|
| Time                                | Changjo Room 1 (4F)                                                                                                                                                                                              | Miraero Room 1 (3F) |
| 08:30-09:00                         | Breakfast Symposium 3, 4                                                                                                                                                                                         |                     |
| 08:30-08:45                         | Breakfast Symposium 3<br><div>TBD</div>                                                                                                                                                                          |                     |
| 08:45-09:00                         | Breakfast Symposium 4<br><div>TBD</div>                                                                                                                                                                          |                     |
| 09:00-10:30                         | Symposium 7.<br>Muscle Preservation Strategies During Significant Weight Loss                                                                                                                                    |                     |
| 09:00-09:25                         | Next-Generation Obesity Pharmacotherapy: Beyond Incretins Toward Muscle Preservation<br><div>Hong, Jun Hwa (Eulji University, Korea)</div>                                                                       |                     |
| 09:25-09:50                         | Exercise Strategies for Muscle Preservation: Intensity, Modality, and Progression<br><div>Lee, Si Hyung (Yeungnam University, Korea)</div>                                                                       |                     |
| 09:50-10:15                         | Nutritional Strategies for Muscle Preservation: The Potential Role of Branched-Chain Amino Acids and HMB Supplementation<br><div>Yosuke Osuka (Shibaura Institute of Technology, Japan)</div>                    |                     |
| 10:15-10:30                         | Panel Discussion<br><div>Lee, Jun Ho (Konyang University, Korea)<br/>Seo, Yuri (Chungnam National University, Korea)<br/>Han, Kunhee (Eulji University, Korea)</div>                                             |                     |
| 10:30-10:50                         | Coffee Break                                                                                                                                                                                                     |                     |
| 10:50-11:30                         | Plenary Lecture                                                                                                                                                                                                  |                     |
| 10:50-11:30                         | Consensus or Conflict? Comparing EASO, The Lancet, and AACE Obesity Guidelines<br><div>Volkan Demirhan Yumuk (Istanbul University-Cerrahpasa, Türkiye)</div>                                                     |                     |
| 11:30-12:00                         | Keynote 1                                                                                                                                                                                                        |                     |
| 11:30-12:00                         | Childhood Obesity: Early Action for Lifelong Health<br><div>Baur, Louise A (University of Sydney, Australia)</div>                                                                                               |                     |
| 12:00-12:45                         | Luncheon Symposium 3,4,5                                                                                                                                                                                         |                     |
| 12:00-12:15                         | Luncheon Symposium 3<br><div>TBD</div>                                                                                                                                                                           |                     |
| 12:15-12:30                         | Luncheon Symposium 4<br><div>TBD</div>                                                                                                                                                                           |                     |
| 12:30-12:45                         | Luncheon Symposium 5<br><div>TBD</div>                                                                                                                                                                           |                     |
| 12:40-13:40                         | Lunch                                                                                                                                                                                                            |                     |
| 13:40-14:10                         | Keynote 2                                                                                                                                                                                                        |                     |
| 13:40-14:10                         | The Oral Revolution: Next-Generation Oral Therapies for Obesity Care<br><div>Kim, Kyoung-Kon (Gachon University, Korea)</div>                                                                                    |                     |
| 14:10-14:30                         | Coffee Break                                                                                                                                                                                                     |                     |
| 14:30-16:00                         | Symposium 8.<br>Obesity Across the Lifespan: From Early Prevention to Healthy Aging                                                                                                                              |                     |
| 14:30-14:55                         | Obesity and Young Adults with Type 2 Diabetes<br><div>Tahapary, Dicky Levenus (Universitas Indonesia, Indonesia)</div>                                                                                           |                     |
| 14:55-15:20                         | Pregnancy, PCOS, and Intergenerational Effects of Obesity<br><div>Park, Jung Yoon (The Catholic University, Korea)</div>                                                                                         |                     |
| 15:20-15:45                         | A Triad Strategy of Rehabilitation, Nutrition, and Oral Management for Malnutrition, Sarcopenia, and Frailty in Super-Aged Societies<br><div>Yoshihiro Yoshimura (Kumamoto Rehabilitation Hospital, Japan)</div> |                     |
| 15:45-16:00                         | Panel Discussion<br><div>Kim, Seung Hee (Inje University, Korea)<br/>Jung, Eun Jin (Ewhwa University, Korea)<br/>Kang, Seo Young (Eulji University, Korea)</div>                                                 |                     |
| 16:00-16:10                         | Coffee Break                                                                                                                                                                                                     |                     |

| Day 3 (Saturday, November 28, 2026) |                                                                                                                                                                       |                     |
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| Time                                | Changjo Room 1 (4F)                                                                                                                                                   | Miraero Room 1 (3F) |
| 16:10-17:40                         | Symposium 9.<br>Expanding Frontiers of Incretin-Based Therapies: New Indications and Emerging Evidence                                                                |                     |
| 16:10-16:35                         | Brain Health: Role of Incretin Therapy for Neuroprotection and Cognition<br><i>Yuan-Han Yang (Kaohsiung Medical University, Taiwan)</i>                               |                     |
| 16:35-17:00                         | Bone Health and Metabolic-Skeletal Crosstalk<br><i>Dina Shrestha (Norvic International Hospital, Nepal)</i>                                                           |                     |
| 17:00-17:25                         | Cancer Risk and Oncologic Outcomes<br><i>Jeon, So Min (Hanyang University, Korea)</i>                                                                                 |                     |
| 17:25-17:40                         | Panel Discussion<br><i>Park, Hyo Jin (Hallym University, Korea)</i><br><i>Lee, Do Hee (Korea University, Korea)</i><br><i>Lim, Jung-sun (Eulji University, Korea)</i> |                     |
| 17:40-18:00                         | Closing Ceremony                                                                                                                                                      |                     |
| 18:00                               | Members' Night                                                                                                                                                        |                     |